

General Information

Table of Contents

General Information.....	1
Facility Information.....	2
Fee Information.....	3-4
Calendar of Events.....	5
Facility Rental Information.....	6-7
Aquatics.....	8-12
Brighton Oasis Family Aquatic Park.....	13-15
Youth Sports.....	16-22
Youth Programs.....	23-26
Teen Programs.....	27-28
General Interest Classes.....	29
Fitness & Wellness Classes.....	30-33
Adult Sports.....	34
Brighton Cultural Arts Commission.....	35
Bike Brighton.....	35
Eagle View Adult Center.....	36
Platte Valley Medical Center.....	37-38
Registration Form.....	39
Registration Information.....	40



Recreation Center Facility Closures

Easter – Sunday, April 16
 Memorial Day – Monday, May 29
 Independence Day – Tuesday, July 4
 Labor Day – Monday, September 4

For your health the Recreation Center is a smoke,
 drug and tobacco-free environment.

SUMMER registration

Brighton Recreation Center

555 North 11th Avenue, Brighton, CO 80601
 Ph: 303-655-2200
www.brightonrecreation.com

FUNSHINE CAMP Registration

Residents - in person only:

(within legal Brighton City limits with proof of residency)
 Thursday, April 6, 2017 beginning at 7 a.m.

Open Registration - in person only:

Friday, April 7, 2017 beginning at 7 a.m.

No phone or mail-in registration accepted for Funshine. **Must have completed Funshine registration packet and required paperwork at the time of registration.** All paperwork is available at the recreation center front desk and online at www.brightonco.gov/funshine
 Please see page 24 for details.

Walk-In Registration

Residents - in person only:

(within legal Brighton City limits with proof of residency)
 Thursday, April 13, 2017 beginning at 6:30 a.m.

Open Registration - in person only:

Friday, April 14, 2017 beginning at 6:30 a.m.

**Phone registration will be accepted
 April 15, 2017 after 7 a.m.

Please have activity numbers & credit card info ready.

Online Registration

Online registration for most Recreation Center programs – go to our website at www.brightonrecreation.com and select Online Registration



Open to Brighton residents starting at 8:30 a.m. Thursday, April 13, 2017

Open online registration starts at 8:30 a.m. Friday, April 14, 2017

Facility Information

RECREATION FACILITY INFORMATION

Recreation Center

555 North 11th Ave., Brighton, CO 80601
(303) 655-2200

Facility Hours

Monday – Thursday

5:30 a.m. – 9 p.m.

Friday

5:30 a.m. – 6:30 p.m.

Saturday

7 a.m. – 6 p.m.

Sunday

10 a.m. – 5 p.m.

Horario

lunes - jueves

5:30 a.m. – 9 p.m.

viernes

5:30 a.m. – 6:30 p.m.

sabado

7 a.m. – 6 p.m.

domingo

10 a.m. – 5 p.m.

Areas within the facility may not be available at all times.
The pool will close a half hour before closing each day.

Esta que areas dentro de la facilidad no estan disponibles todo el tiempo. La alberca cerrará una media-hora antes de cerrar cada día.

Recreation Center Pool Hours

Pool Hours

Monday – Thursday

5:30 a.m. – 8:30 p.m.

Friday

5:30 a.m. – 6 p.m.

Saturday

7 a.m. – 5:30 p.m.

Sunday

10 a.m. – 4:30 p.m.

Horario

lunes - jueves

5:30 a.m. – 8:30 p.m.

viernes

5:30 a.m. – 6 p.m.

sabado

7 a.m. – 5:30 p.m.

domingo

10 a.m. – 4:30 p.m.

Note: There is no open swim during swim lessons.
See page 12 for lesson times.

Nota: Las Albercas no estan disponible durante clases de natacion. Vea pagina 12 para el horario de lecciones.

SAY "CHEESE"

The recreation department reserves the right to photograph program participants and patrons for publicity purposes including the program brochure, website, and social media.

GYM SCHEDULE

- Open gym, including volleyball, is for all ages.
- Half of the gym is designated for volleyball on Monday evenings & Sunday mornings (when other programming isn't scheduled).
- Court shoes ONLY allowed on the gym floor.
- When half of the gym is used for another activity, the open half is only available for shooting. **No full court games allowed.**

Day	Status	Time
Monday	Open	5:30 a.m. - 6 p.m.
Tuesday	Open	5:30 a.m. - 9 p.m.
Wednesday	Open	5:30 a.m. - 9 p.m.
Thursday	Open	5:30 a.m. - 9 p.m.
Friday	Open	5:30 a.m. - 6 p.m.
Saturday	Open	7 a.m. - 6 p.m.
Sunday	Open	10 a.m. - 5 p.m.

Drop-In Child Care

Monday through Friday
Monday through Thursday
Saturday

8 - 11:30 a.m.
5:30 - 8:30 p.m.
8 - 11 a.m.

- Drop in Child Care provides supervised child care for children six months through seven years of age.
- Supervised care is available while parents are using the Recreation Center.
- Parents need to register their children upon arrival.
- Only punch cards are accepted in child care; no cash.
- Child care punch cards are available for purchase at the front desk and reloadable in two, five or 15 hour cards.
- Cost is \$2/hour per child. **If you purchase a 15 hour pass you will save two hours!**
- There is a 90-minute time limit per visit.
- Please bring a labeled drinking cup or a water bottle and a snack for your child.

Fee Information

Fee Information

Daily Admission

Your admission fee includes full use of the entire facility including: weight rooms, swimming pools, selected fitness classes, running track, hot tub and saunas, cardiovascular equipment and showers/lockers. Children four and under are free with paid adult admission. Child care services require additional fee.

Admisión Diaria

Costo de admisión incluye el uso completo de todo el recreación, equipo de pesas, las albercas, clases de aeróbics, sauna y cuarto de vapor. Niños de 4 años y menor entran gratis con la admisión pagado de un adulto. Servicios de cuidado de niños requiere cobro adicional.

Pass Type Definitions

Family Pass – Up to two adults (married couple or civil union) and their dependent children (age 21 years and younger) all residing at the same address. Adults must show residency with a valid Colorado Driver's License. Available to non-traditional families with legal guardianship.

Couple Pass – A married couple or civil union couple residing at the same address. Couple must be able to show proof of residency with a valid Colorado Driver's License displaying same address.

Attention Recreation Center Pass Holders

All pass holders will need to present their Recreation ID card in order to gain admission into the Recreation Center. As a courtesy to our customers, if you lose your card, we will print a free card for you. After one free card, you will need to pay \$2 for each replacement card.

The Brighton Recreation Center does not offer a towel service. Towels are available as a courtesy to patrons who arrive without their towel on occasion. If you borrow a towel, please expect to reimburse the front desk \$2 per towel.

ADMISSION FEES

Daily Fees	Resident	Non-Resident
Youth (5-17 years)	\$2.75	\$3.50
Adult (18-59 years)	\$4.50	\$5.50
Seniors (60+ years)	\$2.75	\$3.50
15 Visit Pass	Resident	Non-Resident
Youth (5-17 years)	\$24	\$35
Adult (18-59 years)	\$53.75	\$65.75
Seniors (60+ years)	\$29.75	\$40.75
Quarterly Pass	Resident	Non-Resident
Student (5-22 years)	\$55	\$80
Adult (23-59 years)	\$86	\$105
Seniors (60+ years)	\$62	\$78
Couple	\$136	\$173
Family	\$168	\$210
Annual Pass	Resident	Non-Resident
Youth (5-17 years)	\$165	\$200
Adult (18-59 years)	\$250	\$320
Seniors (60+ years)	\$145	\$185
Couple	\$395	\$495
Family	\$495	\$635

- A recreation center ID is required to qualify for resident admission status. See page 4 for details.
- Tarjeta de identificación de recreación se requiere para calificar para admisión de residente. Vea página 4 para información.
- Punch Cards, Quarterly, and Annual Passes are not considered resident IDs.

To Err is Human...

Occasionally there may be an error in days, times, registration requirements or fees in our program booklet. When such errors do occur, the staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

Fee Information

Recreation Center Resident Card / Brighton Oasis Resident Card

1. Recreation Center ID cards are required to qualify for resident admission status
2. Proof of residency is required
3. Cards are valid for two years
4. Card Fee: \$5
5. A minor (17 and younger) must be accompanied by a parent or guardian when purchasing a Recreation Center ID card. The adult must meet the residency requirements of the minor.

Proof of Residency

1. Your current valid Colorado Driver's license with a current address; or
2. A valid Colorado identification card with a current address; or
3. A real estate tax notice, current utility bill, or a lease or rental receipt.

For complete details on resident cards, please call (303) 655-2200 or visit the Brighton Recreation Center at 555 North 11th Avenue.

Tarjeta Residencial de el Centro de Recreación /Tarjeta Residencial de Brighton Oasis

1. Tarjetas de identificación se requiere para calificar para admisión de residente
2. Se requiere prueba de residencia
3. Las tarjetas son validas por dos años
4. El costo de la tarjeta es \$5
5. Un joven (17 años o menor) debera ser acompañado por un pariente or guardian al comprar una tarjeta de identificación de el Centro de Recreación. La persona adulta debera cumplir con los requisitos de residencia para el menor

Prueba de Residencia

1. Licencia de manejar de Colorado valida, con domicilio que sea corriente; o
2. Una identificación de Colorado, con domicilio que sea corriente; o
3. Una carta o documento de haciendas, o un recibo de ya sea luz, gas, agua, o recibo de renta

Para mas información sobre tarjetas residenciales, por favor llame (303) 655-2200 o visité el Centro de Recreación a 555 norte, avenida 11.



Fee Assistance

The City offers a reduced rate plan for individuals and families who apply for assistance and meet specific requirements. Applications may be picked up at the front desk. Please see the front desk staff for a list of specific recreation activities approved under the youth reduced rate program.

Corporate Membership Discount

This program is designed to offer employees of businesses located within the City of Brighton the opportunity to improve their wellness. Corporate discounts are available for individual 15-visit, quarterly and annual passes.

Don't Forget...

To bring a padlock or combination lock for the locker rooms. Loaner locks are provided by the Recreation Center with a \$5 deposit, your Recreation ID or your current Drivers License. **Lost locks/keys are charged a \$7 replacement fee.**

2017 Calendar of Events

MAY

1	Silver Boomers Weight Lifting
12	CPR/Adult First Aid/AED
18	Teens: Madcap Improv Theatre
27	Brighton Oasis Open
29	Recreation Center Closed
30	Youth Track and Field

JUNE

3	Summerfest
5	Funshine Summer Camp begins
9	T-Ball begins
11	Adult Co-ed Kickball
12	Mon - Thu Swim Lessons begin – Recreation Center
15	Registration for Session C & D Swim Lessons
16	Teen Bash at Brighton Oasis
21	Girls Softball begins

JULY

4	Recreation Center Closed / Brighton Oasis Open Concert & Fireworks – 8th & Southern
7	Parent's Night Out at the Brighton Oasis
10	Mon/Wed Swim Lessons begin – Recreation Center Youth Tennis Lessons
12	Gallery On the Go – Kids 'n Canvas
21	Teen Bash at Brighton Oasis
28	Customer Appreciation Day at Brighton Oasis

AUG

3	Teen Cooking Class
5	Youth Soccer
7	KinderPrep
8	Wee One's and ABCs & 123s begin
19	Youth Weight Room Orientation
22	Fall Adult Softball

Facility Rental Information

Community Rooms

The Recreation Center has three community rooms available for rent. Each room may be used separately or as one large room. The maximum seating for each room is 60 banquet style and 100 theater style. The maximum number for all three rooms is 200 banquet style and 250 theater style. **Community Rooms may be reserved up to one year in advance.**

Rooms	Resident/ Non Resident	Profit	Nonprofit*	Damage Deposit** No Alcohol/With Alcohol
1 Room	Resident	\$35/hr	\$17.50/hr	\$150/\$250
	Non-Resident	\$55/hr	\$27.50/hr	\$150/\$250
2 Rooms	Resident	\$70/hr	\$35/hr	\$250/\$350
	Non-Resident	\$110/hr	\$55/hr	\$250/\$350
3 Rooms	Resident	\$105/hr	\$52.50/hr	\$350/\$450
	Non-Resident	\$165/hr	\$82.50/hr	\$350/\$450

*Nonprofit organizations must provide state of Colorado tax exempt ID number to receive nonprofit rate.

** Deposit is due at the time of booking, does not apply towards rental fee.

Additional Fees: All rentals incur a \$25 set up fee. Kitchen is a flat fee of \$30. Additional charges for after hours rentals of \$10/hour.

Security

All events requesting alcohol are required to be monitored by (1) off-duty Brighton Police Officer for parties of 60 persons and under and (2) off duty Brighton Police Officers for parties over 60 persons. The officer(s) must be present one-half hour before alcohol is to be served and must be present through the remainder of the event. The Brighton Recreation Center will make arrangements for all security. Alcohol may be served for a maximum of four hours and must be discontinued by 11 p.m. **Alcohol is limited to beer & wine only**, with no glass containers. The fee for security is \$50/hr/officer.

Birthday Swim Package



Let us help plan your child's birthday celebration. Birthday parties are held Saturdays and Sundays from 1-2 p.m. with swimming from 2-4 p.m. Parties are for youth 12 years and under and for **16 people** total.

Solid Party – Color choices: Pink, Purple, Yellow, Blue, Red, White, Orange or Green

Cost: \$80 plus \$50 damage deposit

Package includes: Quarter-sheet cake in your choice of flavors, two 2-liters of soda, plates, cups, napkins, forks, swimming cards and the right number of candles. Bring your own lighter or matches.

*All pool rules apply to birthday party participants.

Upgrade to a Cold Stone Creamery ice cream cake. **Add \$10**

Choose one of each:

Cake Flavor: Vanilla, Chocolate or Marble

Ice Cream Flavor: Vanilla, Chocolate or Oreo



Parental Supervisory Rule

For the safety of your child at all aquatic facilities in the City: Children six years and under must be accompanied by a supervisor in the water, 16 years or up when in the pool. Children seven years of age need to have supervision by a parent or guardian aged 16 years or up from the pool deck. Adult to child under age six ratio not to exceed one adult to three children.

- Call (303) 655-2200 for more information
- Rental is required at least two weeks prior to party date
- Party fee and \$50 damage deposit are required at the time of booking
- Remember to bring locks for the locker room

Facility Rental Information

Park Shelter Reservations:

Benedict Park offers a spray park feature at the northwest end of the park, accessible from Skeel Street. Adjacent to the Emi Chikuma Splash Pad is a restroom and two park shelters.

One of the park shelters adjacent to the Emi Chikuma Splash Pad will be available for reservation and the other park shelter will be available on a first come, first serve basis.

Shelters may be rented from May through September with some limitations on seasonal availability. Fees to reserve a shelter are as follows:

Park Shelters	
Resident \$55	Non-Resident \$65
The following parks are available May 13 to Sept. 4 10 a.m. - 10 p.m. daily:	
Benedict Park	
Brighton Park	
Carmichael Park	
The following parks are available June through August noon to 10 p.m. daily:	
Brighton Japanese American Association Park	
Dewey Strong Park	
Donelson Park	
Farmer's Park	
Pheasant Ridge Park	

Emi Chikuma Splash Pad Shelter at Benedict Park	
Resident \$75	Non-Resident \$95
Emi Chikuma Splash Pad @ Benedict Park is open 10 a.m.-7 p.m. May 27 to Sept. 4, 2017	

Park shelter rentals are now available for registration online at Brightonco.gov/rentals.

Events requiring special permits pending approval will need to be set up by calling 303-655-2230.

Reservations must be made at least 10 days in advance and payment is due at the time of the reservation.

All reservable park shelters are on a first come, first serve basis, when not booked a minimum of 10 days in advance. All other shelters not listed will operate on a first come, first serve basis.

1886 Church Reservations

The 1886 Church is available for rentals and tours. The 1886 Church is located at 147 S. 1st Ave., Brighton, Colorado. The church can seat approximately 60 people. Folding chairs can be placed in the church to accommodate 10-15 additional people. (Chairs are not provided.) Restrooms are not available.

The fee schedule is as follows:

- \$150 Deposit to reserve the date of the rental
- \$35 Deposit for the check-out of the keys
- \$50 Resident rental fee
- \$70 Non-Resident rental fee

For more information regarding all rentals please contact the Recreation Center at 303-655-2200.



Reservations for
Summer 2017
now being accepted.
See page 15 for options



Aquatics

Indoor Pool - General Information

The Brighton Recreation Center offers a five lane, 25-yard, year round pool for leisure swimming, lap swimming, fitness lessons and educational programming. For you and your family's enjoyment, there is a leisure pool with a bubble bench, water works and slide.

Aquatics Contact Information:

Aquatics Supervisor:

John Workman - JWorkman@brightonco.gov
303-655-2212

Aquatics Coordinator:

Angela Yazdani - AYazdani@brightonco.gov
303-655-2213

Pool Manager:

Taylor Krolopp - TKrolopp@brightonco.gov
303-655-2211

Hours of Operation

Monday through Thursday

5:30 a.m. - 8:30 p.m.

Friday

5:30 a.m. - 6 p.m.

Saturday

7 a.m. - 5:30 p.m.

Sunday

10 a.m. - 4:30 p.m.

The Recreation Center Pool is available for open and lap swimming daily. The pool closes 30 minutes before the Center closes.

Pool Closures (see notes to the right)

There will be no open swim during M/W and T/Th swim lessons. Saturday mornings the leisure pool will open at 10:15 a.m. for open swim.

Slide and Waterworks Schedule

Monday - Thursday

10:15 a.m. - 4 p.m.

6:15 p.m. - 8:30 p.m.

Friday

10 a.m. - 6 p.m.

Saturday

10:15 a.m. - 5:30 p.m.

Sunday

10 a.m. - 4:30 p.m.

During group swim lessons the slide, bubble bench and waterworks will be closed.

Rest Period

Every hour on the hour from Noon to 4 p.m., there is a 10 minute rest period. Both pools will be cleared except for ADULT (17 years of age and older) lap swimmers and adults with infants under one year of age.

DON'T FORGET

You must wear a swimsuit in our pools.
No basketball shorts, tee shirts or street clothes.
Trajes de baño son requerido en las albercas. No pantalones cortos de baloncesto, camisetas de algodón o ropa de calle.

Hot Tub, Dry Sauna & Steam Room Rules

1. You must wear proper swim wear in the hot tub, steam room, and sauna. No long sleeves or pants.
2. You must shower before entering.
3. You must be at least 17 years old.
4. Electrical or battery operated equipment may be damaged by hot temperatures.
5. No spitting or release of bodily fluids allowed.
6. Be cautioned that long exposure to these high temperatures may cause fatigue, dizziness, shortness of breath and nausea. Please do not spend more than 15 minutes in hot tub.
7. If you are pregnant or have a heart condition, please consult your physician before using the hot tub.

Lap Swim Note

- There will not be lap lanes available beginning June 1 from 8:30-9:35 a.m. M-Th. due to swim lessons and water aerobics.
- There are no lap lanes available from 5:30-7:10 p.m. on Mon/Wed due to C.A.R.A. swim team.

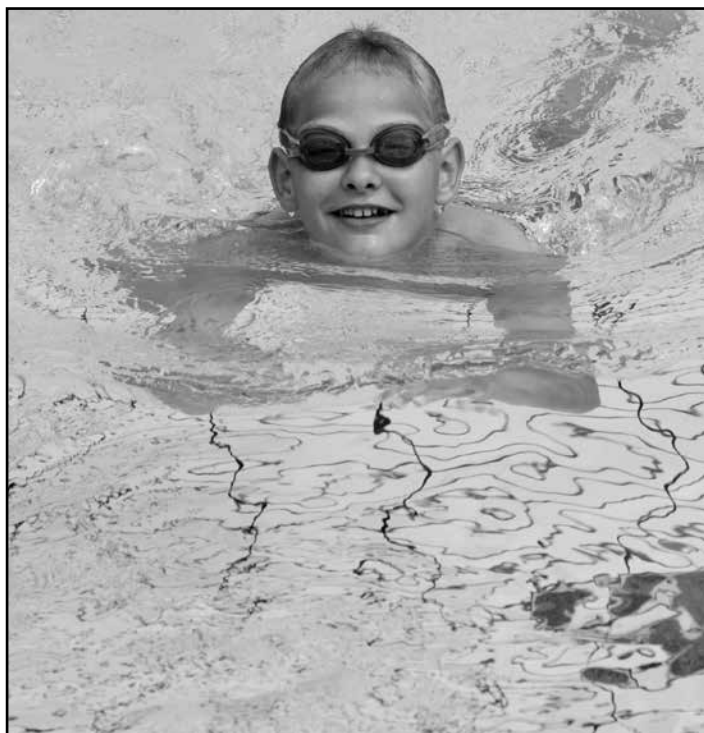
Open Swim Note:

All groups of 10 participants or more must be pre-approved by Aquatics Coordinator.

PARENTAL SUPERVISORY RULE: Strictly Enforced

- **Children ages six and under must be accompanied within arms' reach by a parent or guardian age 16 years or up when in the pool. (No exceptions.)**
- Children seven years of age need to have supervision by a parent or guardian aged 16 years or up from the pool deck.
- Adult to child under age six ratio not to exceed one adult to three children.
- **Niños 6 años y menor deben ser atendidos dentro de la distancia de sus brazos por un padre o supervisor 16 años o mayor en la alberca. (No excepciones.)**
- Niños 7 años de edad deben ser supervisados por un padre o supervisor 16 años o mayor de la plataforma de la alberca.
- Adulto a niños proporción para no exceder 1 adulto a 3 niños.

Aquatics



Private Swim Lessons

Lessons are available for those who want more individualized attention. We have a "pool" of enthusiastic instructors looking forward to helping you or your child achieve your goals! Please allow at least one week for initial contact.

Private Lesson Packages

Cost	Day/Time
4 pk-\$82 PLPP4	Times available upon instructor and student compatibility
8 pk-\$164 PLPP8	

Semi-Private Lesson Packages

Semi-private lessons are for 2-4 children with an instructor.

Participant must provide the additional student to make it a semi-private lesson. Each lesson is 30 minutes long. Lessons are set up in order received.

Cost	Day/Time
4 pk-\$48 SPLPP4	Times available upon instructor and student compatibility
8 pk-\$96 SPLPP8	

- Private and semi-private lesson packages can be purchased after contact with a swim instructor and a start date is established.
- If you have questions on lessons or are interested in registering for private or semi-private lessons, please call Angela Yazdani at (303) 655-2213.

Master's Swim Team

Do you want to swim on an adult swim team to improve your endurance and strength? Do you need motivation and coaching to swim a good work out? Come join the Master's Swim Team today! This hour workout will be provided with proper direction and technique improvement to build your strength, endurance and times.

Cost \$35

Age	Day	Dates	Time	Session
17+	Mon/Wed	Apr 24-Aug 2*	6 - 7 a.m.	321002A

Location: Recreation Center Pool

Contact the Pool Manager for more information (303) 655-2213

*No class May 29

C.A.R.A. Swim Team

An introduction to competitive swimming including: freestyle, backstroke, breaststroke and butterfly. Continued stroke development and an introduction to swimming in a productive team environment are also developed.

Age Recommendation: Six - 16 years or pass skills test at level four.

Cost \$60

Day	Dates	Time	Session
Mon & Wed	Apr 24 - Aug 2	5:30-6:15 p.m.	321003A
		6:25-7:10 p.m.	321003B

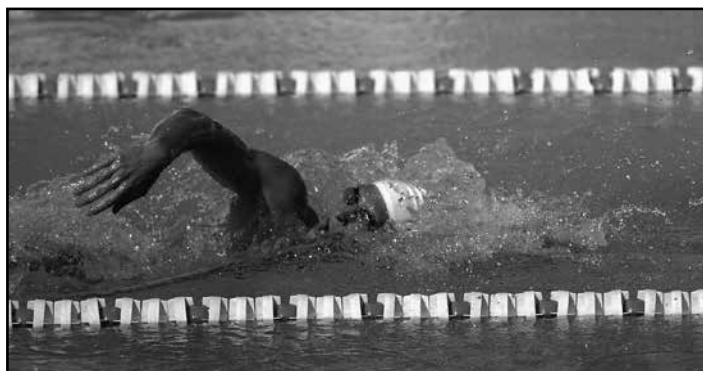
Session A is for beginner/intermediate swimmers. Session B is for intermediate to advanced swimmers. If you are on the swim team currently, please ask your coach where to enroll your swimmer.

Note: The lap pool will be closed during the C.A.R.A. swim practice Monday and Wednesday from 5:30 - 7:10 p.m.

Location: Recreation Center Pool

Scheduled C.A.R.A. Swim Meets

Location	Day	Dates	Time
Northglenn	Sun	June 11	7 a.m.
Commerce City	Sun	July 16	7 a.m.
Northglenn	Sun	August 6	7:30 a.m.



Aquatics



American Red Cross

American Red Cross Blended Learning Lifeguard Training

This is an accelerated version of our lifeguard training. Candidates will complete an online portion of the class before the start date

Cost \$35 to American Red Cross for online & \$40 to Brighton Recreation Center

Age	Day	Dates	Time	Session
15+	Fri-Sun	Apr 28-30	9 a.m.-4 p.m.	321001A
	Mon-Wed	Jun 5-7		321001B

Location: Brighton Recreation Center

Note: You must be able to complete the prerequisite skills on the first day. Swim lessons and endurance building are not provided during the Lifeguard Training course and should be addressed before the first day of class.

Prerequisites completed on first day of class:

- 300 yard swim, retrieve 10-pound brick from 9 ft., using a feet first surface dive and swim it back 20 yards to the wall and tread water for 2 minutes with use of legs only.

Teen Bash Dive in Movie at the BRC Theater

SOUL SURFER-Teenage surfer Bethany Hamilton overcomes the odds and her own fears of returning to the water after losing her left arm in a shark attack. Rated PG.

Grab your float and a friend, and head over to the Brighton Recreation Center Pool. This movie is for ages 12-17. Doors open at 6:30 p.m. and the movie starts at 7 p.m. Preregistration is required and space is limited! To register, call 303-655-2200.



Min/Max:

Cost \$8

Age	Day	Date	Time	Session
12-17 yrs	Sat	Apr 22	6:30-9 p.m.	322003

Swim Lesson Information

Swim Lesson Quick Tips

- There is no sure way to predict how quickly your child will progress. Consider that most children do not move directly from Level Two to Level Three or from Level Three to Level Four.
- Pollywogs is similar to Level One while Guppies is similar to Level Two. The reason for the preschool separation is to avoid huge age differentials i.e., a four year old in Level One with a nine year old.
- Please keep in mind the benefit of being added to the waitlists. Your child may end up in a class. There have been changes to the way you sign up for waitlist. There is now only one waitlist for evenings and one for morning for each session. We will open up whichever class has the highest demand.
- If you want your child to acclimate and be more aware around the water by summer, sign them up for swim lessons now!
- Contact aquatic management for any questions or concerns regarding your child's swim level placement including future registration.

Don't Forget to bring a padlock or combination lock for the locker rooms. Loaner locks are provided by the Recreation Center with a \$5 deposit. For information on Aquatics call (303) 655-2212 or visit www.brightonrecreation.com

Swim Lesson Registration

Swim lessons are held at:

Brighton Recreation Center, 555 North 11th Avenue

Please review our refund policy

- All group swim lesson classes offered must have at least three registrants. Classes below the minimum will be canceled. (Excluding private and semi-private lessons.)
- Cancellation deadline for all lessons is five business days before each session begins. You will not receive a refund after this time has passed.
- Class maximums are set for quality and safety reasons.
- Fees must be paid at time of registration.

**Note: A parent or legal guardian may only register their child(ren) under age 18.*

Would you like to teach swim lessons?

We offer in-house trainings and are always hiring! For more information call 303-655-2212.

Aquatics

SWIM CLASS DESCRIPTIONS

WB

Water Babies:

Ages 6 months - 3 years

Parents must accompany the child in the water. Safety, water adjustment, and water exploration are a few of the skills that will be taught to the parents to enable them to teach their child outside of the structured class as well as introducing a student/instructor relationship.

PBP

Preschool Beginner Pollywogs

Ages 3-5 years

There are no prerequisites. This class is recommended for children who have little to no experience in the water and will be introduced to the teacher/student relationship. The objective is to help students feel comfortable in the water and to learn how to enjoy the water safely. Students will be introduced to proper breath control, putting their face in the water, assisted floating front/back, assisted front glides. Underwater exploration will be introduced. Students will progressively learn to demonstrate skills independently. Students that successfully pass this class will be able to demonstrate front floats and back floats independently for 10 seconds each. Please refer to age ranges when enrolling students.

PG

Preschool Guppies

Ages 3-5 years

This class is recommended for students that have successfully passed Preschool Beginner Pollywogs. Students will build on the basic fundamentals learned in the beginner class including underwater exploration. Independent front glides and back glides will be the focus of this class and the foundation of freestyle and backstroke. To pass this class, students must be able to independently demonstrate front glides and back glides for 10 seconds or two body lengths. Whichever distance is further. Students that successfully pass this class, with the approval of the instructor and/or Aquatic Management, will be able to participate in Preschool Minnows.

PM

Preschool Minnows

Ages 3-5 years

Class will be held in the lap pool

This class is recommended for students that have successfully passed Preschool Guppies. Students will continue independent swimming progressions in this class including proper freestyle starts from the side of the wall, introduction to beginner freestyle, proper starts for back stroke and beginner back stroke. Students that successfully pass this class must be able to swim independently and comfortably half the length of the lap pool (both beginner freestyle and back stroke). Class participants will swim in the lap pool most or all days. Students that successfully pass this class, with the approval of the instructor and/or Aquatic Management, will be able to participate in Level 3. *Swimmers can expect a minimum of 6 months enrolled in Minnows before progressing to Level 3.

1

Level 1: Water Exploration

Ages 6+

There are no prerequisites. This class is recommended for children who have little to no experience in the water and will be introduced to the teacher/student relationship. The objective is to familiarize students to the water environment and to learn how to enjoy the water safely. Students will be introduced to breath control, putting their face in the water, assisted floating front/back, front glides and progressively learn to demonstrate skills independently. Underwater exploration will also be introduced. Please refer to age ranges when enrolling students.

2

Level 2: Fundamental Skills

Ages 6+

This class is recommended for students who have successfully completed level 1. The objective is to build students' confidence with fundamental skills previously learned including underwater exploration. Other skills include breath control, front/back glides and an introduction to freestyle and back stroke. Students will progressively learn to demonstrate front glides and back glides independently. Students will also be introduced to beginner freestyle and beginner backstroke.

3

Level 3: Stroke Mechanics

Ages 6+

This class is recommended for students who have successfully completed level 2 and students that have successfully completed Preschool Minnows. The objective is to continue progressions with the strokes introduced in level 2. There will be a focus on freestyle and back stroke. Students will continue refining proper breathing techniques for each stroke learned. There will be an introduction to breast stroke and elementary back stroke as well as an intro to treading water. Students need to be able to swim the full length of the lap pool independently demonstrating freestyle and backstroke to register for the next class.

4

Level 4: Stroke Development

Ages 6+

This class is recommended for students who have successfully completed level 3. The objective is to develop proper stroke technique and endurance with the skills students have learned thus far. Freestyle and back stroke skills will be refined with drills and distance swimming. Proper side breathing technique for freestyle will be taught. Breast stroke and elementary back stroke will continue to be practiced. Intro to butterfly will begin here. This class prepares students for level 5, Stroke Refinement.

5

Level 5: Stroke Refinement and Endurance

Ages 6+

This class is recommended for students who have successfully completed Level 4. There will be a focus on building swimming endurance with all four competitive strokes as well as refining technique. Students in this class will begin to swim 100 yards at a time for each stroke. After completion of this class, the student should be able to swim laps comfortably. Joining swim team is strongly encouraged to maintain skills and promote healthy exercise habits.

Aquatics

2017 SUMMER SWIM LESSONS

Please show up five minutes early to your first class. Water Babies (Parent-tot) classes (for children ages 6 months to 3 years) are separate registration numbers, see below. Class size will range from 3-6 participants per instructor. Advanced levels (4 & 5) may have higher class maximums.

Session C and D Registration

Residents Only - Thursday, June 15, 2017

Open Registration - Thursday, June 15, 2017

Walk-in or online at 7 a.m., call-in at 8 a.m.
(within legal Brighton City limits with proof of residency)

Walk-in or online at 1 p.m., call-in at 2 p.m.

Monday/Wednesday Morning Swim Lessons

Each session consists of eight 30-minute lessons for \$30

Choose your session

8:30 a.m. - 9 a.m.	Pollywogs*		Session A	April 17 - May 10
	321010			
9:05 a.m. - 9:35 a.m.	Guppies	Minnows	*The Pollywog class will have two instructors and a max count of 11 participants. The class will be split into two classes on the first day.	
	321021	321110		

Monday - Thursday Morning Swim Lessons

Each session consists of eight 30-minute lessons for \$30

Choose your session

8:30 a.m.-9 a.m.	Pollywogs	Level 1	Level 2**	Guppies	Level 3	Minnows	Session A*	May 30 - June 8
	321011	321033	321052	321026	321071	321119	Session B	June 12 - 22
9:05 a.m.-9:35 a.m.	Pollywogs	Guppies	Level 1	Level 4	Level 5	Level 2	Session C	July 10 - 20
	321015	321150	321044	321092	321101	321053	Session D	July 24 - Aug 3
9:40 a.m. -10:10 a.m.	Water Babies	Guppies	Level 1	Minnows	Level 3	Level 4	*Session A will be pro-rated to \$26.25 for seven lessons due to Memorial Day. ** 8:30 a.m. Level 2 will be taught in leisure pool.	
	321005	321022	321035	321111	321073	321099		

Monday/Wednesday Afternoon Swim Lessons

Each session consists of eight 30-minute lessons for \$30

Choose your session

4:30 p.m.-5 p.m.	Pollywogs	Level 2	Level 3	Guppies	Level 5	Session A	April 17 - May 10
	321016	321055	321074	321027	321102	Session B*	May 31 - June 26
5:05 p.m.-5:35 p.m.	Level 1	Level 2	Minnows	Level 4	Guppies	Session C	July 10 - Aug 2
	321037	321056	321112	321094	321023	Session D***	Aug 7 - 17
5:40 p.m.-6:10 p.m.	Water Babies	Minnows	Level 1	Pollywogs	Level 3	*Session B begins May 31 and ends June 26 due to Memorial Day. *** Session D runs Mon-Thu for TWO WEEKS***	
	321006	321118	321038	321012	321076		

Tuesday/Thursday Afternoon Swim Lessons

Each session consists of eight 30-minute lessons for \$30

Choose your session

4:30 p.m.- 5 p.m.	Water Babies	Pollywogs	Level 1	Minnows	Level 5	Session A	April 18 - May 11
	321007	321131	321039	321113	321107	Session B	May 30 - June 22
5:05 p.m.- 5:35 p.m.	Pollywogs	Level 1	Level 2	Level 3	Level 4	Session C	July 11 - Aug 3
	321013	321040	321059	321078	321095		
5:40 p.m. - 6:10 p.m.	Pollywogs	Minnows	Guppies	Level 4	Level 2		
	321017	321115	321028	321096	321060		

Saturday Morning Swim Lessons

Each session consists of four 30-minute lessons for \$15

Choose your session

8:30 a.m.-9 a.m.	Water Babies	Pollywogs	Level 1	Level 2	Level 3	Session A	April 22 - May 13
	321008	321014	321042	321061	321080	Session B	June 3 - 24
9:05 a.m.- 9:35 a.m.	Pollywogs	Guppies	Minnows	Level 3	Level 4	Session C	July 8 - 29
	321132	321024	321114	321081	321097		
9:40 a.m. - 10:10 a.m.	Minnows	Level 2	Guppies	Level 4	Level 5		
	321116	321063	321029	321098	321104		

Brighton Oasis - Family Aquatic Park

20% off

Season Passes

plus a free Brighton Oasis
Loyalty Tumbler - Fountain
Drinks all season for \$1
Purchase by May 15
to save 20%!



**Oasis Loyalty
Cup**



Purchase for \$5
and get refills
during the
2017 season
for only \$1!

*** Opening day is Saturday, May 27, 2017 ***

1852 E. Bromley Lane, Brighton, CO 80601 - Ph: 303-655-2095 - www.BrightonOasis.com

Join us this summer at our dynamic outdoor facility. The Brighton Oasis offers something for everyone featuring two exciting slides, a lazy river with zero depth entry and a wave generator, and a new climbing wall in the dive well.

There is a tot pool with zero depth entry and interactive play features as well as a water basketball area.

We offer a full concession stand though you are able to bring in your own food and drinks. No glass containers.

The last day of the 2017 season will be Labor Day, September 4.

Hours of Operation 2017 Season

Monday - Sunday	11 a.m. - 6 p.m.
Restricted Hours of Operation - 2017 Season - August 14 - September 4	
Saturday and Sunday	11 a.m. - 6 p.m.
Weekends Aug. 19 & 20, 26 & 27, Sept. 2 & 3	11 a.m. - 6 p.m.
Labor Day Sept. 4	11 a.m. - 6 p.m.

The Brighton Oasis will not open unless outside temperatures are above 63 degrees. The pool is cleared 15 minutes prior to our closing time. The Oasis will close for the summer on Sept. 4.

Safety Check

At 1 p.m., 3 p.m. and 5 p.m. every day, we clear all pools for a 15-minute safety check. Adults 18 and over are allowed to swim in at this time. At this time we perform safety checks on the pool and equipment and perform shift rotations.

We appreciate your cooperation.

Brighton Oasis - Family Aquatic Park

Parent's Night Out

July 7 - 6:30-8:30 p.m.

This event is for parents ages 21+. There will be a DJ, a live band, awesome prizes and free food. Take a night for yourself and come have some fun at the Oasis.

Customer Appreciation Day!

July 28 - 11 a.m.-2 p.m.

Thank you Brighton! This is your event and our way of showing our deep appreciation of your patronage. There will be food, games, prizes, and freebies all day long. The first 100 people enter free and many local Brighton businesses are participating. This event is too much fun!

Teen Bash at the Brighton Oasis

Are you tired of the mundane? Ready for an evening for just yourself and your friends? The Oasis is open for teens ages 12-17 years only on these designated nights. Come cool off, ride the slides, cruise around the lazy river, shoot hoops or simply hang out with your friends. This is an after hour's event and is offered separate from regular operational hours. A live DJ and exciting games will make sure you stay entertained. We give away some incredible prizes!

Cost \$9 for both residents and non-residents

Age	Day	Date	Time
12-17 yrs	Fri	June 16	6:30-8:30 p.m.
		July 21	

Event cost includes admission and one combo meal with regular size fountain drink from the concession stand

Doggie Paddle Day Swim

Sept. 9 and 10 - 10 a.m.-2 p.m.

It's a "Ruff" life being a dog. It's time to give them a treat they will love! Bring your pup to our water bark and let them work on their doggie paddle. All dogs must have current vaccinations and wearing a collar in the park. All proceeds from the first event will go to benefit the City of Brighton Animal Shelter.

Cost: \$5/dog

Group Approval

All groups of 15 participants or more must be pre-approved by the Aquatics Supervisor. (303) 655-2212. Spaces fill up soon so make sure to reserve your spot today.

Lockers are available for use. You need to bring your own pad-lock for use on a daily basis or loan one from us. We will hold either your rec ID, driver's license or \$5. Personal belongings cannot be left in lockers overnight. Brighton Oasis will not hold any personal belongings and is not responsible for lost or stolen belongings.

ADMISSION FEES

Daily Fees	Resident*	Non-Resident
Children under 2	free with paying adult 18+	free with paying adult 18+
2-5 years	\$2.50	\$3.50
6-17 years	\$4.25	\$5.75
18-59 years	\$4.75	\$7
Seniors 60+	\$4.25	\$5.75

A current Daily Admission Resident Card to the Brighton Recreation Center qualifies as your proof of residency. For eligibility for a Daily Admission Resident Card, please see information on page 4.

10 Visit Punch Pass	Resident*	Non-Resident
Children under 2	free with paying adult 18+	free with paying adult 18+
2-5 years	\$19	\$27
6-17 years	\$33.50	\$45
18-59 years	\$37.25	\$55
Seniors 60+	\$33.50	\$45

Season Pass**	Resident*	Non-Resident
2-5 years	\$45	\$62
6-17 years	\$70	\$95
18-59 years	\$85	\$120
Seniors 60+	\$70	\$95
**Family	\$290	\$360

*A recreation center ID is required to qualify for resident drop in admission status or proof of residency for a resident pass.

Passes can be purchased at the Brighton Recreation Center – there is only one discount per season pass (patrons are not eligible for both the early bird and the BRC Annual Family pass discount). Passes can be purchased at the Oasis beginning May 27.

**Family Season pass good up to four members residing in same household. Each additional person is \$50 resident, \$75 non-resident. Family pass to the Recreation Center will receive a \$50 discount on a Family pass to Brighton Oasis.

**Patrons who purchase their Season Pass for the family aquatic park – the Brighton Oasis – will save 20% on their season pass if purchased at the Brighton Recreation Center by Monday, May 15.

Brighton Oasis - Family Aquatic Park



Advance bookings for the Summer 2017 Season are now being accepted. Party packages, pavilion rentals, shade shelter, & private after hour rentals available.

Brighton Oasis Rental Options

Party Package A	Up to 15 admissions and a 2 hour pavilion rental with soda, ¼ sheet cake and all paper products. Cost \$170 + \$50 deposit
Party Package B	Up to 25 admissions and a 2 hour pavilion rental with soda, ½ sheet cake and all paper products. Cost \$230 + \$50 deposit
Pavilion Rental	This option is ideal for the do it yourselves who just need their own sheltered space to host their own gathering. Admission not included. Cost \$45/hour + \$50 deposit
Shade Shelter	A covered seating option away from the action. Located in the northwest corner of the property, this area includes two lounge chairs and a small table with four chairs. Admission not included. Cost \$15/hour, no deposit. Available for pre-booking or day of rentals. For pre-booking until May 27, call 303-655-2200. For pre-booking after May 27, call the Oasis front desk. For day-of rentals, please inquire at the Brighton Oasis front desk.

Pavilion rental time slot options: 11 a.m.-1 p.m.; 1:30-3:30 p.m.; 4-6 p.m.

Brighton Oasis After Hour Rental Information and Policies

Come and join us at the Oasis for an after-hours party or celebration. This is the perfect idea for your company or for family and friends to enjoy the amenities exclusively! After hours rentals are available every day from 6:30-8:30 p.m.

The rentals may begin setting up for their rentals no earlier than 6 p.m. Book your party now as spots will go fast. Starting in mid-July, pool access will need to end prior to 8:30 p.m. due to diminished light & safety concerns related to this. Proration and adjustments will be made at the time of booking.

Guest count is required at the time of the booking with a 20 person variance allowed.

AFTER HOURS RENTAL FEES

1 to 100 guests	\$400 + \$100 refundable deposit
101 or more	\$3 each additional person

To book your rental:

For information or to book your rental please call the Recreation Center at (303)-655-2200. We request at least two weeks notice for all rentals (except shade shelter) and require the damage deposit & full rental payment at time of booking.

Pool Rental Regulations

- Alcoholic beverages are prohibited. Evidence of alcohol will result in immediate expulsion from the facility. No refund will be given.
- All facility and pool rules are strictly enforced.

Cancellations within two weeks

Deposit will be forfeited. In the case of bad weather we can reschedule the event, subject to availability. If rescheduling cannot be accommodated, you will receive a full refund.



Youth Sports



Girls Softball

Girls! Join league play and learn game skills, fitness, fun and teamwork. Practices are held twice a week with games played Wednesdays. Bring your own glove (catcher's equipment furnished.)

Deadline to register: May 26 **Cost \$45*** (shirt included)
*A \$5 late fee will be assessed for late registrations.

Age	Day/Time	Date	Session
7-8 yrs	Weekday Evenings	June 21-Aug 2	120001 A-H
9-10 yrs			120002 A-H
11-13 yrs			120003 A-H

Coaches Meeting: Saturday, June 10 at 9 a.m. at the Brighton Recreation Center

C.A.R.A. Youth Tennis Team

Join the Brighton C.A.R.A. Tennis Team and play in matches against other C.A.R.A. teams throughout the Front Range. Compete with players of the same age and skill level in a low pressure, fun setting. Coaching is geared towards the individual. Participant must provide own transportation to matches and practice. (Anyone with a CTA ranking is ineligible)

Cost \$80 (shirt included)

Age	Day	Date	Time	Session
8-12 yrs	Mon & Wed (Practices)	June 5-July 19	11 a.m. -12:30 p.m.	120007A
13-18 yrs	Tue & Thu (Practices)	June 6-July 20		120007B

Location: Brighton High School Tennis Courts

Matches: May be scheduled on Fridays anytime between 8 a.m.-3 p.m.

State finals held: TBA

**** Please plan to attend a mandatory parents meeting
June 1 at 6 p.m. at the Brighton Recreation Center ****

MLB Pitch, Hit and Run Competition

Scotts Major League Baseball Pitch Hit & Run (PHR) is a FREE, exciting skills event providing boys and girls the opportunity to compete in four levels of competition including Team Championship events at all 30 Major League ballparks and the National Finals at the MLB All-Star Game. Participants have the opportunity to showcase their pitching, hitting & running abilities in one of two divisions: baseball or softball.

Cost FREE, Just show up!

Age	Day	Date	Time
7-14 yrs	Fri	May 19	5* - 8 p.m.

Location: Brighton Sport Complex

*Participants must show up at 5 p.m. to register for their age group with a copy of their birth certificate.

T-ball

This program offers girls and boys the opportunity to learn baseball and sportsmanship skills in a low pressure setting. JUST HAVE FUN! Practices are held once a week with games played Friday evenings or Thursday mornings. Bring your own glove.

Deadline to register: May 22 **Cost \$35*** (shirt included)
*A \$5 late fee will be assessed for late registrations.

Age	Day	Date	Time	Session
5-6 yrs	Fri (Games & Practices)	June 9-July 21	5-8 p.m.	120006A-P

Coaches Meeting: Saturday, June 3 at 9 a.m. at the Brighton Recreation Center



Youth Sports

Youth Tennis Lessons

Tennis classes are offered at the Brighton High School Tennis Courts at 8th & Southern. Register your child now and spend the summer learning the enjoyable game of tennis and improve their skills. Classes offered include:

- **Beginner:** Skills taught include; forehand, backhand, volley, serve, scoring and court etiquette. For the brand new player or just starting.
- **Intermediate:** For players who have accomplished basic skills. Review basic strokes, scoring, court awareness and strategy. Learn good footwork, topspin and control.
- **Advanced:** (Ages 12-18): This level is primarily for CARA team members and experienced high school players. Learn more advanced techniques and strategy.

Wear tennis shoes and comfortable clothing. Please bring your own racket – balls provided.

Min/Max: 3/12

Cost \$50

Age	Day	Date	Time	Level	Session
9-13 yrs	Mon - Thu*	May 30-Jun 9*	8:10 - 9 a.m.	Beginner	120008A
		Jun 12-22			120008B
		Jun 26-Jul 6**			120008C
		Jul 10-20			120008D
		Jul 24- Aug 3			120008E
6-8 yrs	Mon - Thu*	May 30-Jun 9*	9:10 - 9:50 a.m.	Beginner	120009A
		Jun 13-23			120009B
		Jun 27-Jul 7**			120009C
		Jul 10-20			120009D
		Jul 24- Aug 3			120009E
9-18 yrs	Mon - Thu*	May 30-Jun 9*	10 - 10:50 a.m.	Intermediate	120010A
		Jun 13-23		Advanced	120010B
		Jun 27-Jul 7**		Intermediate	120010C
		Jul 10-20		Advanced	120010D
		Jul 24-Aug 3		Intermediate	120010E

* Week 1 of Session 1 will be Tue-Fri due to Memorial Day.

**Week 2 of Session 3 will be Mon, Wed & Thur due to Independence Day. Cost for Session C is \$43.75.



Youth Track and Field

This program provides instruction by Coach John Martinez in track and field events. Everyone can participate! The recreation center fields a team for the 2017 CARA summer track and field meets. Note: 4-18 yr. olds please bring a photocopy of birth certificate.

Cost \$60 (shirt included)

Age	Day	Date	Time	Session
4-16 yrs	Tue & Thu (2 practices)	May 30-July 27	6-7 p.m. (8 yrs + under) 7-8:30 p.m. (9 yrs + older)	120013

Location: Brighton High School

Coach John Martinez (720) 422-0591

Coach Jennifer Kite (303) 210-2661

Cross Country

Cross Country running is offered to youth 7-14 years of age. Youth interested in distance running start learning the mental and physical demands of the sport. Participants attend cross country meets with the same age youth across the metro area. Please bring a photocopy of birth certificate.

Cost \$30 (shirt included)

Age	Day	Date	Time	Session
7-16 yrs	Tue & Thu	Aug 8-Oct 26	5-6 p.m.	120014

Location: Brighton Park-adjacent to the Brighton Recreation Center

Coach John Martinez (720) 422-0591

Coach Jennifer Kite (303) 210-2661

Kiwanis All-Comers Cross Country Championship

Sponsored by the Brighton Kiwanis and the City of Brighton. This meet will determine the qualifiers for the Colorado AAU Regional Championships. From the Regional Championships, individuals and teams will qualify to attend the AAU National Championships. The event is open and free of cost to everyone in the community and schools.

Coach John Martinez (720) 422-0591

Registration & Event: 10am September 9 Cost: FREE

Age	Day	Time	Race
7-8 yrs	Saturday, Sept. 9	10 a.m.	2K
9-10 yrs			3K
11-12 yrs			3K
13-14 yrs			4K

Youth Sports

Kiwanis All-Comers Track Meet

This exciting track meet, sponsored by the Brighton Kiwanis and the City of Brighton, is open to everyone in the community. No track team affiliation is required to participate. Ribbons will be awarded to first through sixth place finishers in each event and category. This meet will determine the qualifiers for the Colorado AAU and Field Meet.

Age	Day	Date	Time	Cost
4-18 yrs	Thu	June 8	5 p.m.	FREE

Location: Brighton High School
Coach John Martinez (720) 422-0591
Coach Jennifer Kite (303) 210-2661

Girls Volleyball

8-13 year old girls learn the game of volleyball with an emphasis on FUN! Development of volleyball fundamentals and safety stressed. Practice is held twice weekly and games played on Saturdays.

Deadline to register: Sept. 8

Cost \$40* (shirt included) + **\$10 gym usage fee**

**A \$5 late fee will be assessed for late registrations.*

Age	Day	Date	Time	Session
8-9 yrs	Sat	Oct 7-Nov 11	8:30 a.m.-2 p.m.	120027
10-11 yrs				120028
12-13 yrs				120029

Location: Brighton Recreation Center

Coaches Meeting: Monday, Sept 25 at 6 p.m. at the Brighton Recreation Center

Upcoming Sports Activities offered by the Brighton Recreation Center

Spring/Summer (March - July)

Soccer (ages 6-12) • **Pee-Wee Soccer** (ages 4-5)

Girls Softball (ages 6-13) • **CARA Track** (ages 4-16)

CARA Tennis (ages 8-18) • **Tennis Lessons** (ages 6-13)
T-Ball (ages 4-5)

Fall (August - November)

Fall Soccer (ages 6-12) • **Pee-Wee Soccer** (ages 4-5)

Girls Volleyball (ages 8-13) • **CARA Cross Country**

Flag Football (ages 6-12)

***Dates listed are when programs are in session.*

Please allow 4-6 weeks for registration previous to these dates

WANTED: Volunteer Coaches



Youth Sports Association - Contact Numbers

Recreation Supervisor - Sports	Carleen Lehr	(303) 655-2208	clehr@brightonco.gov
Sports Coordinator	Amanda Aburto	(303) 655-2203	aaburto@brightonco.gov
Brighton Youth Baseball Association Recreation & Competitive - (5-14 years)	Gordon Lancaster		www.brightonyouthbaseball.com
Head Tennis Coach / Instructor			Info. provided at Parent Meeting
Track / Cross Country (indoor and outdoor)	John Martinez	(720) 422-0591	JohnMartinez803@comcast.net
Brighton Youth Association Football	Dennis Trujillo		www.brightonyouthfootball.com
FC Brighton Soccer	General Club Inquire	(720) 523-3004	www.fcbrampton.com
Bull Frogs Swimming Team	Lynn Rhoades	(303) 710-0420	
Sports Hot Line		(303) 655-2210	

Call the Brighton Recreation Center's "Sports Hot Line" for current information about possible program cancellations, including cancellation due to inclement weather conditions.

Youth Sports



Youth Flag Football

This program focuses on skills, training and fun. No blocking in this fast-paced football game. Teams have ten members (five members play at a time.) Practice twice a week and games on Saturday.

Deadline to register: August 28

Cost \$50* (shirt included) + **\$10 field usage fee**

**A \$5 late fee will be assessed for late registrations.*

Age	Day	Date	Time	Session
6-7 yrs	Sat (games) Practice tbd	Sept 16 - Oct 21	9 a.m. - 2 p.m.	120015 A-H
8-9 yrs				120016 A-H
10-12 yrs				120017 A-H

Coaches Meeting: Saturday, September 9 at 9 a.m.

NFL Punt, Pass and Kick

NFL Punt Pass and Kick competitions will be hosted by the Brighton Sports department for youth athletes to compete for FREE. Children ages six-15 years old will get the opportunity to compete in a fun experience that puts football fundamentals to the test in an engaging and supportive non-contact environment.

Cost FREE

Just show up with your birth certificate and register on site!

Age	Day	Date	Time
6-15 yrs	Saturday	Sept. 23	2:30-5 p.m.

Pee-Wee

An introduction to the game of soccer for your little one. Pee-Wee is three-on-three soccer with no goalie. Practice on Saturdays 30 minutes before the game. Coaches will be required to officiate Pee-Wee games. Parents are needed to coach!

Deadline to register: July 14

Cost \$35* (shirt included)

**A \$5 late fee will be assessed for late registrations.*

Age	Day	Date	Time	Session
4-5 yrs	Sat	Jul 29-Sept 9*	9 a.m. -2 p.m.	120018

Coaches Meeting: Saturday, July 22 at 9 a.m.

**No Games on Sept. 2 due to Labor Day Weekend*

Youth Soccer

Boys and Girls! Join the Youth Soccer League for fun and skill development. Games are played at Brighton, Benedict and Donelson Parks on Saturdays, beginning in August.

Parents: Be sure to pick up handout at registration. The recreation center reserves the right to make leagues co-ed if necessary.

Deadline to register: July 21

Cost \$50* (shirt included) + **\$10 field usage fee**

**A \$5 late fee will be assessed for late registrations.*

Age	Day	Date	Time	Session
U6 Girls	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120019
U6 Boys	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120020
U7 Girls	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120021
U7 Boys	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120022
U9 Girls	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120023
U9 Boys	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120024
U12 Girls	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120025
U12 Boys	Saturday (games) Practice (weekdays)	Aug 5-Sep 23*	Games 8:30 a.m.-2 p.m.	120026

**No Games on Sep 2 due to Labor Day Weekend*

Location:

- **Coaches Meeting: Saturday, July 29 at 9 a.m.**
- **Games – Benedict, Donelson & Brighton Park**
- **Practice – Local Parks**

** U indicates "under". For instance U12 indicates players are 12 years and under throughout the entire season, U9 indicates the division is for players 9 years of age and under throughout the entire season. Players must meet the minimum age for the program, (6 years of age and be no younger than 1 year less than minimum age for age division).*

Youth Sports

TEAM SELECTION PROCEDURE

The following procedure will be used in forming teams in each youth sports program.

1. Youth player registration will be open for at least one month.
2. The sports coordinator will open a certain number of teams, depending on the anticipated number of participants. Each team will have a roster limit, after these spots are full, there can be no additional registration for that team. Each team will be assigned a team letter or name. Teams will already be grouped by the following criteria:
 - a. Age division (grade level or actual age).
 - b. The player's gender (Brighton Youth Sports reserves the right to make teams co-ed if the situation requires).
3. Players may be registered to any of the teams for which they fit the criteria; (a 7-year-old boy may be registered for any 7-year-old boy's team), and for which there are roster spots available.
4. Individual coaches will contact players after the rosters are made official and distributed at the coaches meeting for that sport.
5. The City of Brighton Youth Sports staff must retain the right to reallocate players in order to maintain control over team balance. If a team proves to be exceptionally competitive, Youth Sports staff reserves the elastic right to separate those players.
6. Participants must turn the minimum age for the program before the last scheduled day of the program.
 - a. Registrants will only be allowed to move up one age division. However, the participant must meet the minimum age for the activity (ex: for youth soccer, players must turn 6, the minimum age for the program, by the last scheduled game or day of the program).
7. Registration will be open after teams are chosen but only on a space-available basis. Waitlist registrations can only be placed where there are roster spots available - specific team assignment is forfeited after the deadline.
8. After the registration deadline has passed, a waiting list will be kept. The person at the top of the waiting list will be contacted if a roster spot becomes available.
9. Once a team has practiced for two weeks or played any regular season games, participants are not allowed to switch rosters and play for an other Brighton Youth Sports team in the same sport.
10. Participants must not change teams without the express permission of the sports coordinator. Coaches do not have the authority to transfer players to different teams.



www.Teamsideline.com/BrightonCo

Youth Sports schedules are available on the City's website, but also by going to www.teamsideline.com/BrightonCo. This website allows you to see your child's schedule, but also allows you to sign up for communications. Through these communications you will receive a text and e-mail regarding any weather cancellations and/or scheduling changes. **You will only receive communication for the sports that your child is signed up for and not anything else.**

Youth Sports



The British are coming!

British Challenger Soccer is coming to Brighton this summer to provide the #1 soccer camp in the U.S. and Canada.
(You can find details and you must register for the camp at www.challengersports.com.)

All soccer camps are held at Brighton Park.



Half-Day Player Development Camps

Emphasis is placed upon skill development and mastery of core techniques through individual and small group practices and coached games. This all action camp is our most popular program. Three hours per day for five days.

Cost \$144

Age	Day	Date	Time
6-16 yrs	Mon-Fri	July 10-14	9 a.m.-Noon

Location: Brighton Park-adjacent the Brighton Recreation Center

Golden Goal

The 'Golden Goal' session is a fun packed add-on session that runs Monday – Thursday and is open to the 9 a.m. – 12 p.m. campers only. Please provide your child with lunch- Challenger Sports coaches will supervise the children over the break between sessions.

Cost \$52

Age	Day	Date	Time
6-16 yrs	Mon-Fri	July 10-14	1-3 p.m.

First Kicks

Young players are introduced to game basics through fundamental activities, games and fun soccer challenges. One hour a day for five days. Parents are encouraged to join in and help guide their child through this fun learning experience.

Cost \$90

Age	Day	Date	Time
3 yrs	Mon-Fri	July 10-14	9-10 a.m.

Mini-Soccer

Fun games, competitions and skill-building activities are designed to enlighten and develop budding players. One and a half hours per day for five days.

Cost \$111

Age	Day	Date	Time
4-6 yrs	Mon-Fri	July 10-14	10:30 a.m.-Noon



REGISTER Online

@ www.challengersports.com

Click the "find a camp near you" tab
& navigate via the "programs" section.

For more information on **ADULT SPORTS**
see page 34

Youth Sports



Skyhawks Sports Program

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979 Skyhawks has taught over one million boys and girls life lessons through sports.

Mini-Hawk (Soccer, Baseball & Basketball)

This multi-sport program was developed to give 4 to 7 year-olds a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

Cost \$99

Age	Date	Time	Location
4-7 yrs	Jun 5-9	9 a.m.-Noon	Brighton Recreation Center
	Jul 17-21		

Flag Football

Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all in a fun and positive environment.

Cost \$99

Age	Date	Time	Location
6-12 yrs	Jun 26-30	9 a.m.-Noon	Brighton Recreation Center



Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed, indoor program is designed for the beginning and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Cost \$99

Age	Date	Time	Location
7-14 yrs	Jun 12-16	9 a.m.-Noon	Brighton Recreation Center
		1-4 p.m.	

Basketball

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progression curriculum, staff focus on the whole player, teaching respect, teamwork and responsibility. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Cost \$99

Age	Date	Time	Location
6-12 yrs	Jul 24-28	9 a.m.-Noon	Brighton Recreation Center

You must register at www.skyhawks.com

For more information

CALL 800-804-3509

Youth Programs

Drop-In Child Care

Monday through Friday 8 - 11:30 a.m.
Monday through Thursday 5:30 - 8:30 p.m.
Saturday 8 - 11 a.m.

- Drop in Child Care provides supervised child care for children six months through seven years of age.
- Supervised care is available while parents are using the Recreation Center.
- Parents need to register their children upon arrival.
- Only punch cards are accepted in child care; no cash.
- Child care punch cards are available for purchase at the front desk and reloadable in two, five or 15 hour cards.
- Cost is \$2/hour per child. **If you purchase a 15 hour pass you will save 2 hours!**
- There is a 90-minute time limit per visit.
- Please bring a labeled drinking cup or a water bottle and a snack for your child.



Art Exploration

Does your child like to get messy and has a niche for art. Let your child come try all kinds of art materials from crayons and markers to paint, glue and scissors. Practice skills such as holding scissors and paintbrushes. Learn about color mixing swirling fun. Children will make creations to take home.

Min/Max: 3/9

Cost \$15

Age	Day	Date	Time	Session
3-5 yrs	Thu	May 11, 18, 25	5:30-6:30 p.m.	420006A
		Aug 3, 10, 17		420006B

Preschool Age Programs

These educational programs provide a great opportunity for children to engage with peers in a supervised group environment that encourages creativity, interaction, socializing, problem solving and communication. Children are lead through different activities to enhance fine and gross motor skills with age appropriate games, stories, songs, crafts and worksheets.

Wee One's

Through the exploration of various games, crafts, books and activities, we focus on individual and group socialization plus cooperative play in a fun and colorful setting. Parents must remain in the building during this program.

Min/Max: 6/8

Age	Day	Date	Time	Session	Cost
2.0-3.0 yrs	Tue/Thu	Aug 8-Sep 7	8:30-9:15 a.m.	420003A	\$33

ABCs & 123s

This class prepares little ones for pre-school with first learning basics for a successful classroom environment such as holding a pencil, sitting with a group and at a table, participating, listening, sharing and instruction. Children learn socialization skills, numbers, colors, letters and much more. Activities include arts and crafts, games and songs. Send your child with a small snack daily.

Min/Max: 6/10

Age	Day	Date	Time	Session	Cost
3.0-4.0 yrs	Tue/Thu	Aug 8-Sep 7	9:30-11:30 a.m.	420004A	\$65

KinderPrep

Not ready for kindergarten yet? This program reinforces classroom etiquette and socialization skills while providing a more intricate look at concepts such as patterning, categorization, rhyming and scissor skills while still exploring letters, numbers and shapes in a fun and structured environment through activities, crafts, games and songs. Send your child with a small snack daily.

Min/Max: 6/10

Age	Day	Date	Time	Session	Cost
4.0-5.0 yrs	Mon/Wed/Fri	Aug 7-Sep 8	9-11 a.m.	420021A	\$98

*No class Labor Day, September 4

For All Classes Listed In this Section:

- Special Requirements: Children must be toilet trained to attend ABCs/123s and Kinder Prep and in a pull-up for the Wee Ones program.
- All classes are held at the Rec. Center unless otherwise noted
- The stated age requirement must be reached by the date of the first class

Youth Programs



Funshine Summer Camp

Funshine is a state licensed summer day program for ages 6 through 12 years old. For over 15 years, Funshine has provided children a safe and creative environment to spend their summer holiday. Participants attend weekly swimming and field trips along with daily games, sports and crafts. The program is divided into age appropriate groups.

- Registration is at the Recreation Center
- Resident registration: April 6 at 7 a.m.
- Open registration: April 7 at 7 a.m.
- A \$100 non-refundable deposit is due at the time of registration plus required paperwork
- Phone or mail-in registration is not permitted

Age	Day	Date	Time	Cost	Session
6-12 yrs	Mon-Fri	Jun 5 - Jul 28	8:30 a.m.-4 p.m. <i>Regular Hours</i>	\$620/* child	420016A
6-12 yrs	Mon-Fri	Jun 5 - Jul 28	7:30 a.m.-5:30 p.m. <i>Extended Hours</i>	\$860/* child	420017A

Location: Northeast Elementary

***There is an additional fee for the 27J user fee.**

(Camp t-shirts must be worn on all field trips, there is a \$10 fee for replacement)

Payment Options

The Funshine program allows families to either pay the full camp fee at the time of registration or split payments by following the schedule below. Paying the \$100 deposit infers the understanding that payments will be received no later than the due dates below or your child's spot may be filled. Final payment is due no later than May 15.

Deposit	A \$100 non-refundable deposit is required at the time of registration and will be counted toward the total balance due
First Payment due May 1	Regular Hours \$260 + 27J facility fee Extended Hours \$380 + 27J facility fee
Final Payment due May 15	Regular Hours \$260 Extended Hours \$380

Paperwork Required for 2017 Registration

You cannot register without having completed the documents listed below. All forms are available at the Recreation Center front desk or online at:

www.brightonco.gov → Recreation Center → Funshine

Forms will also be available day of registration.

Funshine 2017 Registration Form	2017 Form must include emergency contacts and medical/dental information.
Proof of Immunization	An approved CDHPE Immunization Card must be filled out. This form must be signed by your physician or state recognized medical personnel. It doesn't require a physical; your doctor's office should be able to fill out the form without a visit from your child.

Funshine Parent Evening

Stop by to ask questions about the program &/or pick up a Parent Packet, which will also be available online to print off & refer to. No RSVP required. View our Facebook page for updates and information. "Like" us at Brighton Recreation Center and be notified immediately.

Day	Time
Tuesday, May 9 6-7 p.m.	The camp nurse will be available starting at 5 p.m. to review your medication forms and to assist with medication intake. If your child needs medication, please plan to attend this meeting!

If your child uses an inhaler, has severe allergies or will be taking any medication while at summer camp you will need to fill out additional paperwork. These forms must be reviewed and signed by your doctor before submitting. We are open to take medications by the parent meeting May 9.



Gallery On the Go - Kids n'Canvas

Not a painting class; it's a party! In just two hours, a trained guide will instruct a pre-selected piece of artwork while guests enjoy painting and spending time with friends and family. Refreshments are included. You don't need to be an artist to have fun. For more information, please email toni@GalleryOnTheGo.com.

Min/Max: 7/10

Cost \$17

Age	Day	Date	Time	Session
6-12 yrs	Wed	May 10	5:30-7 p.m.	220004A
		June 14		220004B
		July 12		220004C
		Aug 9		220004D

Youth Programs



We are pleased to announce hands-on science workshops and camps that include exciting experiments and interactive participation! **Register early; space is limited.** These activity-based workshops are designed to get kids energized and excited about space science and exploration.

\$24 per Workshop or \$22 for two or more

Space Chase Workshop

This workshop is a hands-on, minds-on outer space adventure where kids get to work individually and in teams to try and track down an alien mad scientist determined to turn off the Sun. It's non-stop fun and learning as they test out their spaceship and rover piloting skills, go hands-on for some out-of-this-world classroom space science experiments and put on their space detective hats to try and figure out how to catch this crafty extraterrestrial.

Min/Max: 6/16

Age	Day	Date	Time
5-10 yrs	Sat	May 6	9-11 a.m.
		May 27	Noon-2 p.m.
		June 10	10 a.m.-Noon
		June 24	11 a.m.-1 p.m.
		July 8	9-11 a.m.
		Aug 5	10 a.m.-Noon

Rockin' Rockets Workshop

With this workshop, kids will get to do just about everything there is to do with rockets...short of riding one into space! They will go on a wild ride into the fascinating science of rocketry and space exploration and go hands-on to build and launch safe, non-combustible rockets. Activities include learning about the science & history of rocketry, crafting their own SpaceTime Blaster Rockets, and launching lots of different kinds of rockets.

Min/Max: 6/16

Age	Day	Date	Time
5-10 yrs	Sat	May 6	11:15 a.m.-1:15 p.m.
		May 27	2:15-4:15 p.m.
		June 10	12:15-2:15 p.m.
		June 24	1:15-3:15 p.m.
		July 8	11:15 a.m.-1:15 p.m.
		Aug 5	12:15-2:15 p.m.



I Want to be an Astronaut Camp (half day/full day camp)

With this camp kids get to see and feel what it is like to train for launching into space and exploring the planets, moons, comets & asteroids of our Solar System. They will learn about the programs that NASA uses to get astronauts ready for space travel, design their own space missions, and try planet walking in our Micro Gravity Boots, experience a simulated rocket launch and more.

Min/Max: 5/12

Cost \$245 full day/\$165 half day

Age	Day	Date	Time
5 - 10 yrs	Mon-Fri	June 12-16	9 a.m.-4 p.m. - full
		July 24-28	9 a.m.-Noon - half

Register for SpaceTime Workshops

- To register for the listed SpaceTime Workshops, please contact them at **720.851.7700** or at **www.spacetimekids.com**.
- For information regarding their programs, email info@spacetimekids.com.

Youth Programs



Play-Well Teknologies LEGO Camp:

Explore and experience the concepts in physics, mechanical and structural engineering and architecture with over 100,000 pieces of LEGO material.

Minecraft Engineering, Build using LEGO®

Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities.

Min/Max: 11/25

Cost \$136

Age	Day	Date	Time
5-7 yrs	Tue - Fri	May 30-June 2	9 a.m.-Noon

Minecraft Master Engineering

Build using LEGO®

Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghats, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Min/Max: 11/25

Cost: \$136

Age	Day	Date	Time
8-12 yrs	Tue-Fri	May 30-June 2	1-4 p.m.

Super Hero Engineering using LEGO®

Save the world with LEGO® Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict.

Min/Max: 11/25

Cost: \$170

Age	Day	Date	Time
5-7 yrs	Mon-Fri	June 19-23	9 a.m.-Noon

Super Hero Master Engineering using LEGO®

LEGO® Super Heroes need your help to defeat the destructive forces of evil arch villains as they threaten LEGOpolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.

Min/Max: 11/25

Cost: \$170

Age	Day	Date	Time
8-12 yrs	Mon-Fri	Jun 19-23	1-4 p.m.

Intro to STEM using LEGO®

Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. There is no prerequisite for this course.

Min/Max: 11/25

Cost: \$170

Age	Day	Date	Time
5-7yrs	Mon-Fri	July 10-14	9 a.m.-Noon

STEM Challenge using LEGO®

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. There is no prerequisite for this course.

Min/Max: 11/25

Cost: \$170

Age	Day	Date	Time
8-12yrs	Mon-Fri	July 10-14	1-4 p.m.

To register please go to the **Play Well TEKnologies** website at **www.play-well.org**

Teen Programs

PERFORMING ARTS

Madcap Improv Theatre

10679 Westminister Blvd, Westminister, CO 80020

One of the area's premier comedy places. There are no scripts –improv is made up just as it happens. You, in the audience, provide the suggestions about what each scene will be about. Sound like fun?

Deadline to register: May 13

Min/Max: 4/8

Cost \$20

Age	Day	Date	Time	Session
12-15 yrs	Thu	May 18	6-9 p.m.	420113F

Location: Meet at Brighton Recreation Center

Beginning Cake Decorating

If you like to bake, come learn to bake different kinds of cakes and decorate them with lots of designs.

Deadline to register: June 12

Min/Max: 3/6

Cost \$18

Age	Day	Date	Time	Session
8-15 yrs	Mon & Wed	Jun 26 & 28	10 a.m.-Noon	420113R

Location: Brighton Recreation Center.



Art and Sculpture

Discovery by hands-on learning! You can be an artist as you learn how to have fun creating 3-D sculptures, clay vessels, and making sculptures out of wire, clay and other objects that you might find outside or at home and bring to class. Please wear old clothes.

Deadline to register: July 31

Min/Max: 3/8

Cost \$10

Age	Day	Date	Time	Session
8-15 yrs	Tue & Thu	Aug 8 & 10	10-11:30 a.m.	420112A

Location: Brighton Recreation Center

TEEN ACTIVITIES

Teen Bash Dive in Movie at the BRC Theater

SOUL SURFER-Teenage surfer Bethany Hamilton overcomes the odds and her own fears of returning to the water after losing her left arm in a shark attack. Rated PG.



Grab your float and a friend, and head over to the Brighton Recreation Center Pool. This movie is for ages 12-17. Doors open at 6:30 p.m. and the movie starts at 7 p.m. Preregistration is required and space is limited! To register, call 303-655-2200.

Min/Max:

Cost \$8

Age	Day	Date	Time	Session
12-17 yrs	Sat	April 22	6:30-9 p.m.	322003

Teen Bash at the Brighton Oasis

Are you tired of the mundane? Ready for an evening for just yourself and your friends? The Oasis is open for teens ages 12-17 years only on these designated nights. Come cool off, ride the slides, cruise around the lazy river, shoot hoops or simply hang out with your friends. This is an after hour's event and is offered separate from regular operational hours. A live DJ and exciting games will make sure you stay entertained. We give away some incredible prizes!

Cost \$9 for both residents and non-residents

Age	Day	Date	Time
12-17 yrs	Fri	June 16	6:30-8:30 p.m.
		July 21	

Event cost includes admission and one combo meal with regular size fountain drink from the concession stand

Teen Cooking Class

Don't know the basics of cooking or want to learn new tricks to spruce up your meals? This class is intended for teens to learn the basics so they can make their way around the kitchen without the help of mom or dad.

Deadline to register: July 24

Min/Max: 3/6

Cost \$7

Age	Day	Date	Time	Session
13-18 yrs	Thu	Aug 3	5:30-7 p.m.	420111A

Location: Brighton Recreation Center

Teen Programs

Colorado Youth Adventure Series

The Colorado Youth Adventure Series trips are offered in cooperation with the City of Broomfield, Hyland Hills Rec District, City of Englewood, City of Brighton and Estes Park. They offer youth the opportunity to meet youth from around the Metro area and participate in trips offered by the Colorado Youth Adventure Series.

Downtown Denver Aquarium/ Snorkeling

Whether you've only snorkeled at the local swimming pool or you've dived in the tropics, you'll love the experience of swimming with the fish at the Downtown Aquarium, located in downtown Denver. Experience what it's like to swim with a huge Grouper, a school of Cownose rays Moray Eels, red drums, nurse sharks and 400 other exotic underwater animals in the Under the Sea exhibit. (NO EXPERIENCE NEEDED). **Deadline to register:** April 20

Min/Max: 3/6

Cost \$100

Age	Day	Date	Time	Session
11-18 yrs	Sun	May 7	8 a.m.-1 p.m.	430118A

Location: Meet at Brighton Recreation Center; Aquarium- 700 Water St, Denver, CO 80211

High Flying Day (Top Golf/Indoor Skydiving)

Are you up for a day of sky high adventure? We will begin our morning at TopGolf Centennial so be prepared to lase up your golf spikes. After a few rounds of target practice we will head to lunch and then an afternoon of skydiving. Be prepared to experience the rush and feeling of free falling from an airplane as we will be in iFly's indoor air tube. For lunch we will be stopping by Jimmy Johns, so please bring money to purchase a sandwich, or you also can bring your own sack lunch. **Deadline to register:** May 5

Min/Max: 3/6

Cost \$70

Age	Day	Date	Time	Session
11-18 yrs	Thu	June 22	8:30 a.m.-4:30 p.m.	430118B

Location: Meet at Brighton Recreation Center; Top Golf- 10601 E Easter Ave, Centennial, CO 80112 & iFly- 9230 Park Meadows Dr, Lone Tree, CO 80124

Colorado River Rafting

Head out with Clear Creek Rafting Company and enjoy a ½ day trip as you ride the waves in the Wild Wild West. Float past a historic waterwheel, drop over Castle Falls, paddle through Mountain Lion, then hold on tight for Mr. Twister. It's the perfect introduction to whitewater! Participants need to wear swimsuit attire and appropriate footwear. Please bring a sack lunch or money to stop at Subway on the river. After lunch we will be hitting the trail for an afternoon hike before we head back down the mountain. **Deadline to register:** June 26

Min/Max: 4/8

Cost \$60

Age	Day	Date	Time	Session
11-18 yrs	Thu	July 13	6:30 a.m.-4:30 p.m.	420113N

Location: Meet at Brighton Recreation Center



Teen Volunteer Opportunities 2017

Together everyone achieves more. Volunteering is a good way to spend quality time and have fun with your peers even though you are hard at work. Volunteer hours can be used for community service requirements or earn free passes to the Recreation Center. Age restricted 12-18 years.

Teen Volunteer Opportunities

Month	Event	Hours Earned
October 28	Car-nival Palooza	5 hours
November 18	Turkey Trot	3 hours
December 9	Festival of Lights	7 hours

Call 303-655-2225 for more information on how to get signed up.



Register Today! Don't Wait

If a minimum enrollment is not met on time, a class may be canceled.

General Interest Classes

Babysitters Course (American Heart Association)

This course is designed for 11-13 year olds to give the knowledge necessary for the first time babysitting. Pediatric CPR/First Aid including: two year certification, Personal Safety, Growth and Development, Discipline, Illness and Injury Prevention, Basic Childcare such as diapering, feeding and bathing.

Questions, please go to www.advancedcarecpr.com

Min/Max: 5/10

Cost: \$55

Please bring a lunch to this class

Age	Day	Date	Time	Session
11-13 yrs	Sat	May 13	9 a.m.-3 p.m.	220001A
		July 8		220001B

Medic First Aid/Pediatric Plus/CPR Course

This class provides an ideal training solution for babysitters who have completed the babysitting course and just need to recertify the CPR/First Aid, someone who provides child care, youth sport coaches and others required to learn how to respond to medical emergencies involving children.

Questions, please go to www.advancedcarecpr.com

Min/Max: 5/10

Cost: \$55

Please bring a lunch to this class

Age	Day	Date	Time	Session
11+ yrs	Sat	June 10	9 a.m.-3 p.m.	220001C
		Aug 5		220001D

CPR/Adult First Aid/AED

This class will teach the skill and instruction needed to perform in case of an emergency such as: rescue breathing, choking, adult, child and infant CPR, control bleeding, care of a fracture and other injuries that may occur. These classes fulfill all requirements for those certified as Foster Parents, Group Homes, Child Cares, Day cares, and Elder Care facilities. This class is a great resume skill and having this knowledge may save someone's life. **2-Year Certification.**

Min/Max: 3/10

Cost: \$75

Age	Day	Date	Time	Session
11+ yrs	Fri	May 12	9 a.m.-1 p.m.	220005A
		Aug 18		220005B
	Sat	July 15		220005C
		July 29		220005D

Concealed Carry Permit Class

This class reviews handgun safety and concealed carry law. Completion of this class will give students a completion certificate necessary when applying for a concealed carry permit. **This is not an NRA approved course.**

Min/Max: 3/10

Cost: \$80

Age	Day	Date	Time	Session
21+	Sat	June 10	9 a.m.-1 p.m.	220005E
		Aug 26		220005F

Self Defense Classes for Middle & High School Students

This class focuses on Safety, Situational Awareness and Self-Defense. By learning to be aware you can get out of potentially dangerous situations before they happen. We look at how situations happen, how to use your voice, effective use of strikes, escape and more. These skills are empowering yet hopefully ones you never have to use. Classes are taught by self-protection experts and defensive tactics instructors.

Min/Max: 4/20

Cost: \$50/adult

\$40 if signing up two or more participants

Age	Day	Date	Time
10-13 yrs	Sat	May 6	1 -4 p.m.
14-18 yrs		June 3	
10-13 yrs		July 8	
14-18 yrs		Aug 5	

Women's Self Defense Class

Colorado Kodenkan and Level 5 Combat Systems present hands on Self Defense class designed for women and teen girls. This is not a martial arts program, but it draws from 20+ years of experience in various martial arts. The techniques are easy to learn and retain as well as very effective. Please dress in workout attire. This class will help you in the following areas:

- Improve confidence
- Learn to defend yourself
- Increase awareness
- Learn to protect yourself and those around you

Min/Max: 5/20

Cost: \$50/adult

\$40 if signing up two or more participants

Age	Day	Date	Time
11+	Sat	May 6	9 a.m.-Noon
		June 3	
		July 8	
		Aug 5	

Intro to Combatives for Self Defense

Who has time to dedicate 20 years to learning a martial art anymore? You want quick, down to business, no nonsense material that you can use immediately. That is what combatives are. This class is an intro to Reality Based Self Defense. You will learn to put together a personal protection plan and begin using the skills from this class.

Min/Max: 3/10

Cost: \$75

Age	Day	Date	Time
18+ yrs	Mon-Thu	May 1-4	7-8:30 p.m.
		July 10-13	

For more information on the Self Defense classes, contact Chris Love at 720-201-8145 or Chris@level5combatsystems.com (to register for the Self Defense Classes) or visit www.level5combatsystems.com

Fitness & Wellness Classes

GROUP FITNESS

Basic Yoga: Move through a series of poses, the movements and the breath are continuous. This mild stretch and Yoga class is designed to calm and strengthen the body.

Bootcamp (No Coreography): Bootcamp mixes traditional calisthenics and body weight exercises with interval training and strength training. This challenging class pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp.

Chisel: A total body strength training class using weighted barbells for a workout that burns fat while building muscle. This class has timed intervals to help you focus on cardio and strength.

CRT Circuit: Cardio Resistance Training - Come challenge the whole body while moving from one timed station to the next. No choreography in this action packed workout. Benefits: burns calories, builds muscle, cardiovascular health and boosts endurance.

HIIT: This challenging 30 min strength class will build both strength and endurance. You will work equal intervals of strength and cardio to get a challenging full body workout.

Hip Hop: Come experience where Hip Hop dance and fitness collide. Learn today's hottest hip hop moves while enjoying the benefits of a fun, dynamic workout that tones muscles and develops core strength. This class is designed for all fitness levels.

Kickboxing: This high intensity cardio class will use traditional kickboxing movements to push your limits. The use of weighted gloves and bars will help you increase lean muscle mass and increase cardio endurance.

Pilates-Pluss: It's like Pilates®, but with more fitness tools. Core conditioning, classic mat work strength trainings sequences that lengthen and strengthen the muscles.

BODYPUMP®: The Fastest Way In The Universe To Get In Shape. BODYPUMP is a strength endurance training class where muscle and music collide! Low on complexity but high in fun, BODYPUMP has all of the benefits of traditional weight training combine with time efficiency and predictability. BODYPUMP is great for "EVERY BODY." Check the fitness studio bulletin boards for specific days and times of re-launches!

TBC: Strengthen both cardiovascular & muscular systems with the use of free weights, resistance, tubing, body bars & floor exercises. Weights & various fitness tools will be used in the class.

BODYVIVE3.1®: If you want the optimal mix of strength, cardio and core training this is it. Step into a BODYVIVE 3.1 class and you can be sure you're heading into one of the safest and most effective workouts around. The challenging mix of lunges, squats, running and tubing exercises will help you burn calories. The great music will leave you fizzing with energy and feeling great. New choreography and music is introduced on a quarterly basis. Check the fitness studio bulletin boards for specific days and times of re-launches!

Weekend Warrior: This class is a mix of body weight training, cardio burst and strength training. You will work every muscle group in for a full body workout. This format will vary each week to 50/50.

Zumba & Toning: This class takes you through a mix of Zumba fitness and exercises that sculpt and tone. This class will help you burn calories and sculpt and tone your body to a new you.

Zumba: Zumba combines Latin and international music to make a hip shaking calorie burning workout.

SilverSneakers®

Cardio & Mobility: Start your metabolic furnace with low impact cardio while training your muscles to be more mobile. The use of bands, foam rollers, body weight & corrective exercises will be used to help improve mobility and help prevent injury. This class will help you move better, improve your workouts while aiding your bodies recovery.

Back to Balance: This class improves balance, posture and functional strength. The use of various types of balancing fitness tools and dynamic cardio movements will strengthen your core and strengthen your heart.

SilverSneakers® Fit: Designed for active adults who desire a safe and effective low-impact cardiovascular workout. Hand held weights, elastic tubing with handles are used for progressive resistance training. Chair can be used for stability and/or support for upper body strength exercises and abdominal conditioning. (Level 2)

SilverSneakers® Classic: A full body workout using a chair for seated and standing support. Muscular strength and range of movement conditioning is done at a very beginning level. A variety of strength and balance exercises are done using body weight, hand held weights, balls and elastic tubing with handles. (Level 1)

SilverSneakers® Yoga: This class challenges you with a variety of simple and safe yoga exercises you do at your own pace. Using a chair for support, increase flexibility, build endurance and learn how to relax and think more clearly. (Level 1).

Cycling Classes

Cycle 30: This class is great for beginners and those that want a quick cardio workout. You can still burn those calories while working on hills and sprints.

Cycling: Come torch calories and ride with us! This Indoor cycling class is an hour long and allows you to be in control of your intensity and resistance. Come burn body fat and start working on muscle endurance.

Cycle and Stretch: Spend 45 minutes in your regular cycle class with the bonus of spending more time on a recovery stretch at the end of class.

Spinsanity: This cycling class is recommended to those who have some cardiovascular endurance or to those that want a tough workout. You will be pushed past your limits as you race and climb hills.

RPM™: The indoor cycling workout where you ride to the rhythm of powerful music. Take on the terrain with your inspiring team coach who leads the pack through hills, flats, mountain peaks, time trials, and interval training. Discover your athlete within - sweat and burn to reach your endorphin high.

Child Care Hours: Ages 6 months-7 years old

Mon-Fri	Mon-Thu	Sat
8-11:30 a.m.	5:30-8:30 p.m.	8-11 a.m.

Fitness & Wellness Classes

Water Fitness

H2O Fitness: Tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training, and may incorporate resistance tools such as buoyant water weights and noodles.

SilverSneakers® SilverSplash: SilverSplash® offers shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and a special SilverSneakers® kickboard is used to develop strength, balance and coordination.

FREE Weight Room Orientations

Learn to safely use cardiovascular equipment and weight machines. Please contact the Fitness Office to schedule your appointment 303.655.2228

Personal Training

Each body type is unique and requires a different kind of training method to reach optimum health and fitness. A certified personal trainer can gauge your current fitness level, discuss your goals and develop a program tailored to meet your specific needs. Work one-on-one with a personal trainer to meet your fitness goals. Sessions are one hour each. Each registration includes a free one-hour fitness assessment with your trainer.

Age	Session#	Cost
Adult/Youth	PTPP1	\$36 for 1 Session
	PTPP3	\$96 for 3 Sessions
	PTPP5	\$150 for 5 Sessions
	PTPP10	\$280 for 10 Sessions

Minimum of 3 hours is required for initial package purchase. Note: A medical consultation and a verbal physician's release is required. (Forms are available at the Recreation Center)

Semi-Private Personal Training

Work out with a friend while still reaping the benefits of a Personal Trainer. Semi-Private training provides the same benefits as our personal training program, but you can do it with a friend at a lower session rate. Sessions are one hour each. Each registration includes a group 30 minute orientation and assessment with your Trainer to discuss your goals.

Age	Session#	Cost per Participant
Adult/Youth	SPTPP3	\$42 for 3 Sessions
	SPTPP5	\$72 for 5 Sessions
	SPTPP10	\$142 for 10 Sessions
	SPTPP15	\$214 for 15 Sessions
Group of 3	GROUPT15	\$155 for 15 Sessions

Note: A medical consultation and a verbal physician's release is required. (Forms are available at the Recreation Center)



Get up to the minute schedule changes by downloading our APP.

Available on iTunes & Android.



Due to trends and demands in fitness, the drop-in schedule is regularly updated. For the most up to date schedule please visit brightonco.gov/268/fitness-wellness.

Download the Fitness APP "Brighton Recreation Center" or contact Kristin Gundy, the Fitness Supervisor at 303.655.2228

Ages 12+ are welcome to attend our Fitness classes with an adult. Ages 12-14 years are permitted to use the weightroom with an adult after completion of our Youth Weight Room Orientation.

Watch for these NEW group fitness additions in May!



Fitness & Wellness Classes

Yoga

Note: Yoga Basics & Gentle yoga classes are included in with a six class punch pass. You are welcome to attend either of the class times with a punch pass.

Cost \$48 for a six class punch pass. Drop-in Rate: \$11

Yoga Basics Class

(especially for beginners, but all are welcome)

Have you always wanted to take a yoga class but felt intimidated by a studio or felt that you didn't have the right clothes or body type? Do you think you're not flexible enough to take a class? This class is for you! Real yoga is truly for everyone, regardless of size, background, age, or flexibility. Come find out what the fuss is all about in a safe, welcoming, friendly environment. We will workshop fun poses that will unlock the secrets of a successful yoga class for you.

Min/Max: 4/20

Day	Date	Time
Wed	May 3 - Aug 30	6 - 7 p.m.

Gentle Yoga

Move, breathe, and enjoy learning about how yoga can help you in your everyday tasks! We practice good alignment, moving within a pain-free range of motion, and we become aware of how we move and breathe. Appropriate for beginners. You will be given options to find your own level of flexibility and effort throughout the class.

Day	Date	Time
Mon	May 1 - Aug 28*	7 - 8 a.m.
Wed	May 3 - Aug 30	7 - 8 a.m.

*No class May 29



Attention Active Older Adults

The Fitness Department will be hosting our annual summer BBQ/Potluck on June 22 from 11 a.m. to 1 p.m. Watch for the sign up sheet to be posted in June at the front desk! More details to follow!

Chair Massage

Brighton Recreation Center Lobby

Monday: 9:30-11:15 a.m. | \$10/10 minutes

Reserve your time at the BRC



Silver Boomers Weight Lifting

Healthy bones, strength and range of motion are essential to a happy and healthy lifestyle. This class is spent in the weight room learning how to correctly use the equipment for a safe and effective workout. A personal trainer will safely guide you through a workout each time your group meets. This senior class will be full of fun and knowledge. Come join the best of the best and become even better.

SilverSneakers® Members are FREE!

Min/Max: 4/8

Cost \$24

Sessions run the full month (includes a 50% senior discount)
SilverSneakers & Silver Fit: FREE (Registration Required)

Age	Day	Date	Time	Session
50+	Mon/Wed	May 1-31*	9:30-10:30 a.m.	520104A
		June 5-28		520104B
		July 3-31		520104C
		Aug 2-30		520104D
	Tue/Thu	May 2-30		520104E
		June 1-29		520104F
		July 6-27		520104G
		Aug 1-31		520104H
	Mon/Wed	May 1-31*	10:30-11:30 a.m.	520104I
		June 5-28		520104J
		July 3-31		520104K
		Aug 2-30		520104L
	Tue/Thu	May 2-30		520104M
		June 1-29		520104N
		July 6-27		520104O
		Aug 1-31		520104P
	Tue/Thu	May 2-30	5:30-6:30 p.m.	520104Q
		June 1-29		520104R
		July 6-27		520104S
		Aug 1-31		520104T

* Closed on May 29

Note: A medical evaluation and physician's release is required.
If you plan on attending multiple sessions please register for those sessions so that your spot is reserved.

Youth Training & Fitness

Youth Weight Room Orientation

An introductory class, taught by a certified personal trainer that encourages positive body image and emphasizes a safe weight training environment. Junior passes will be given to those who successfully complete this course and may be used with adult supervision in the weight room. Class will cover: Weight Room safety, Safe lifting techniques, etiquette and Weight Room rules, and proper use of machines and cardio equipment.

Min/Max: 1/10

Cost: \$22

Age	Day	Date	Time	Session
12-14yrs	Thu	May 18	5-6:30 p.m.	520305A
		June 15		520305B
		July 20		520305C
		Aug 17		520305D
	Sat	May 20	9-11:30 a.m.	520305E
		June 17		520305F
		July 22		520305G
		Aug 19		520305H

A weight card is **REQUIRED** for all youth under the age of 15 to use the weight room.



Healthy & Fit Kids Program

This four week program is a great way to keep your kids active during the summer months. Inside and outside we will use fun fitness based activities for the younger age group. For the older fitness enthusiast athletic drills, mobility exercises and even some time in the weight room. This program will also help kids understand the importance of eating healthy. Meet twice a week with your group and personal trainer for indoor & outdoor fun.

Min/Max: 5/10

Cost: \$55

Age	Day	Date	Time	Session
8-12 yrs	Mon/Wed	June 5-28	10-11 a.m.	520302A
	Tue/Thu	July 6-Aug 1	9-10 a.m.	520302B
	Mon/Wed	June 5-28	10-11 a.m.	520302C
	Tue/Thu	July 6-Aug 1	9-10 a.m.	520302D



Watch for more details about our upcoming nutritional summers series. Dates and times to be announced.



Sport Karate Class

This class offers a complete fitness and self-defense program for youth and adults. Classes focus on developing confidence, and heightening one's awareness. Children will learn increased focus, concentration, strength, balance, and safety skills. Our mission is to improve overall physical fitness, development and promote self-defense for all levels and self-defense. For more information and to register, visit the website www.askaus.com or call 303-204-0037.

Min/Max: 3/40

Cost: \$45

Age	Day	Date	Time
6+ yrs	Mon & Thu	Monthly	7:30-8:45 p.m.

For more information, contact Valerie Rodriguez at 303-655-2221.

Adult Sports

For information on Youth Sports see pages 16-22

Fall Adult Softball

Play ball this fall! League play, both co-ed and men's rec. Eight weeks of play. Individual awards for First Place. Plaques will also be awarded for first and second place.

Deadline to register: Aug 7

*A \$25 late fee will be assessed for late registrations.

Cost: \$375

Age	Day	Dates	Time	Session
18+	Tue - Men's Wed - Men's Thu - Co-Ed	Aug 22, 23, 24	6:30 p.m., 7:30 p.m. or 8:30 p.m.	620001A

Location: Brighton Sports Complex

Indoor Summer Co-ed Volleyball

It's time for 6 vs 6 Co-ed volleyball! Build your team and sign up now. This NEW summer indoor program will be a shorter version of our Winter Co-ed Volleyball. Get your friends together and have a blast during our summer league. T-shirts will be awarded to our first place team!

Deadline to register: June 5

*A \$25 late fee will be assessed for late registrations.

Cost: \$150/team

Age	Day	Dates	Time	Session
18+	Mon	Jun 19-Jul 31	5:30 p.m., 6:30 p.m. or 7:30 p.m.	620002A

Location: Brighton Recreation Center

Note: There is a maximum of 6 teams

Co-ed Kickball (10 on 10)

Form a team and get ready for a summer backyard game! Sign up your team to play in our brand new co-ed kickball league! Teams will play at a designated park for a six week season. A maximum of 15 players will be allowed on each team's roster. Players will be responsible for participating in running their games. Championship T-shirts will be awarded for first place! Games will be held on Sunday evenings starting June 11.

Deadline to register: May 31

*A \$25 late fee will be assessed for late registrations.

Cost: \$150/team

Age	Day	Dates	Time	Session
18+	Sun	Jun 11-Jul 16	4:30 p.m., 5:30 p.m. or 6:30 p.m.	621011A

Walleyball

An exciting game played similar to volleyball, but on a racquetball court. There are usually two or four players per side. Make court reservations by phone or in person at the front desk of the recreation center.

Racquetball Courts Hours:

Mon-Thu: 5:30 a.m.-9 p.m.

Fri: 5:30 a.m.-6:30 p.m.

Sat: 7 a.m.-6 p.m.

Sun: 10 a.m.-5 p.m.

Racquetball Policies

- Reservations can be made by phone or in person
- You may reserve a court 48 hours in advance
- One reservation per person, per day
- No black handballs, racquetballs or non approved black soled shoes allowed on courts
- Wooden racquets are not allowed
- Protective eyewear is recommended for adults and is required for anyone 17 years of age and younger
- The City of Brighton reserves the right to schedule court time for lessons
- Racquetball racquets and eyewear are available for check-out with your Recreation Center Id card, Colorado Drivers License or Colorado Id
- Lessons are offered. Pre-registration is required
- Participants under 15 years of age must complete lessons before independent usage is allowed or must be accompanied by a parent or adult

3 on 3 Adult Basketball League

Form a team and get ready for this fast paced, self-run basketball league. Teams will play three games each Sunday for this eight week season. A maximum of 5 players will be allowed on each team's roster. Players will be responsible for running and scoring their games. Championship T-shirts will be awarded for first place. Games will be held on Sunday mornings starting on June 4. An optional practice game will be held on May 21.

Deadline to register: May 19

*A \$25 late fee will be assessed for late registrations.

Cost: \$100/team

Age	Day	Dates	Time	Session
18+	Sun	Jun 4-Jul 23	10:30 a.m. or 11:30 a.m.	621017A

Location: Brighton Park

Note: Minimum needed of 4 teams for league to begin. Maximum of 8 teams will be allowed in league.

Drop-In Adult Roller Hockey

The Inline Hockey Rink will be reserved on Sundays for drop-in hockey for women and men over 25 years of age. Just bring your equipment and those who are there during the designated hours can play games, skate or just shoot pucks at the goals! Free to the public- Just show up and play!

Age	Day	Dates	Time
25+	Sun	Jun-Jul	8:30-9:30 a.m. - Women 9:30-10:30 a.m. - Men

Location: Carmichael Park

The Brighton Cultural Arts Commission (BCAC) was created in 1996. One of the goals of BCAC is to promote cultural arts throughout the Brighton community. If you are interested in finding out more about BCAC, call (303) 655-2176 or check out the website at www.brightonco.gov.

Arts Awareness Project

If you are a local artist, you may be interested in the various activities presented by this active group of BCAC members and other volunteers. SCFD funds are received and used for such programs and projects as art shows, workshops and outreach efforts. Volunteers are welcome to join this group. For further information, call (303) 655-2176.

The next community art show, ARTfest will be held in May and June at the Armory. The entry fee is \$5. This show is open to local artists. Call Dave at (303) 655-2176 for more information.



Visit www.brightoncoARTS.org where we feature community events, things to do in Brighton, places of interest and arts and culture news. Brighton Arts, Culture & Tourism connects arts and culture to the Brighton community providing a one-stop site for residents and visitors to find out what's happening in the community.

Call Dave Gallegos (303) 655-2176 for more information.



FREE Bicycling Events in Brighton

Do you like to bike with others? Do you want to start bicycling with others and learn more about bicycling in Brighton?

The Bike Brighton Sub-Committee has decided to offer something different this spring and summer instead of the Full Moon Bike Rides. In 2017, Bike Brighton will host three FREE Adult & Teen Bike Rides on Saturdays, that are routes within the Brighton city boundaries. Rides will leave from the south side of Brighton City Hall. (500 South 4th Avenue)

May 6	Spring Adult & Teen Bike Ride 5-mile bike ride	10 a.m.
Jul 8	Summer Adult & Teen Bike Ride 8-mile bike ride	10 a.m.
Aug 26	End-of-Summer Adult & Teen Bike Ride 11-mile bike ride	10 a.m.

Additionally, the Bike Brighton will have a booth and "Bike Valet" at **Summerfest** on **June 3** in Carmichael Park this year. The Bike Valet will be open throughout the day until Summerfest ends.

Bike-in Movie Night & Kids Bicycle Rodeo is the evening of **June 15** at Benedict Park. This event is tied in with the Brighton Special Events Movie Night, and the Police Department will be helping with the Kids Bicycle Rodeo. The movie will have a bicycle shown in it. Bicycle to centrally located Benedict Park and enjoy this family friendly event!

If you would like more information about the Bike Brighton Sub-Committee, then please see our page on the City of Brighton website.

Eagle View Adult Center

1150 Prairie Center Parkway (303) 655-2075

Monday through Friday 8 a.m. – 4 p.m.

Center Manager:
Sue Corbett

Program Coordinator:
Donna Singer

Outreach Coordinator:

Assistant Coordinator
Christina Harris

Receptionist:
Becky Eichen

The Eagle View Adult Center is dedicated to the overall social, educational, outreach, and wellness needs of seniors and active adults. Pick up a newsletter today.

Continuous Drop-in Activities: Meet to play cards and games for fun and fellowship: Pinochle, Bridge, UNO, Cribbage, Pitch, Hand & Foot, Mexican Train Dominos, Billiards, Scrabble, and Bingo. No fee – all older adults are welcome.

Day Trips: Destinations range from museums, plays, outdoor adventures, tours, restaurants and music venues.

Happenings and Special Events: We host holiday events, luncheons, cultural events, socials, educational speakers, potlucks, and entertainment.

Classes: Yoga, fit ball, exercise, wellness, history, memoir writing, driver safety, oil painting, Japanese Bunka, quilting, wood carving, and more!

Support Group:

Seniors with Low Vision: This program helps adults age 55+ with visual impairment or blindness learn to live independently through resources and adaptive ideas. The free drop-in group meets the fourth Monday from 1-2 p.m. There is a technology support meeting from 2-3 p.m. Call Melanie at (720) 308-7705.

Eagle View Adult Center has a newsletter that gives a complete listing of activities. It is available at Eagle View or online at www.brightonco.gov.

If you would like to receive the newsletter by mail, stop by Eagle View to fill out a card.

Transportation:

VIA: VIA provides transportation within the City of Brighton to medical appointments, shopping, Eagle View, and more. Service available Mon - Fri from 7:30 a.m. – 5 p.m. Call (303) 447-2848 x 1014 for more information; call (303) 447-9636 to schedule rides

Call-n-Ride: This is an RTD service. Call (303) 994-3549 and make a reservation. The driver will pick up and deliver you anywhere within Brighton, Mon-Fri, 6 a.m.-7 p.m. Cost is the local RTD bus fare.

Services:

Lunchtime Meal: A hot, nutritious lunch is provided by Volunteers of America, Monday–Thursday at 11:30 a.m. Make your reservations two working days in advance so we can order meals. Call (303) 655-2271 (Mon–Thu, 10 a.m.-1 p.m.). Meal donation: \$2.50 (60+ yrs), meal fee \$7.25 (under 60).

Senior Wellness Clinic: Visiting Nurses Association (VNA) Senior Wellness Clinic operates on Thursdays from 9 a.m.-3 p.m. Services include health screenings, blood pressure, foot care, and health education. Appointments required by calling (303) 655-2075. Foot care is \$30, payable at time of service, unless covered by insurance. Reduced fees available.

Outreach and Referral: Seniors, do you need help and don't know where to turn? Call (303) 655-2079 to set up an appointment. Assistance may include completing forms, applying for programs, finding services, and other needs. Home visits available for those who are homebound.

Medicare Counseling: If you need individualized help with Medicare issues, call (303) 655-2076 to make an appointment with a Sr. Health Insurance Program (SHIP) counselor.

Platte Valley Medical Center

Childbirth Education Classes

Platte Valley Medical Center offers a variety of classes to help you prepare for this exciting time in your life. Our comprehensive educational programs will help you be successful at every stage in the process.

Women's and Newborn Center Tours

Free tours of the Women's and Newborn Center are offered to help you become familiar with the Labor and Delivery Unit, Special Care Nursery, and Postpartum Suites.

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: Free, by appointment. Tour size is limited

Day	Time	Dates
Wednesday	6 and 7 p.m.	May 3, 17, June 7, 21, July 5, 19, Aug 2, 16

Location: Meet in the hospital lobby by the fireplace

Birthing Basics Weekend

This two-day class is designed to acquaint you and your coach with the labor and birthing process through interactive discussions and with the aid of handouts, posters and videos. Relaxation, breathing, and comfort techniques for a natural labor and birth are practiced. Please bring two pillows to class. Pain management options are also reviewed.

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: \$80

Day	Time	2017 Class Dates
Friday & Saturday	Fri: 6-9 p.m.	June 9 & 10
	Sat: 9 a.m.-2 p.m.	Aug 11 & 12

Location: Conference Room A & B

Birthing Basics Express

This one-day express class is designed to acquaint you and your coach with the labor and birthing process through interactive discussions and with the aid of handouts, posters, and videos. Relaxation, breathing, and comfort techniques for a natural labor and birth are practiced. Please bring two pillows to class. Pain management options are also reviewed.

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: \$80

Day	Time	2017 Class Dates
Saturday	9 a.m.-5 p.m.	May 13, July 8

Location: Conference Room A & B

Breastfeeding Basics

Successfully learn the basics of breastfeeding, such as positioning, latching on, nipple care, and breast milk supply in this class. Taught by a certified lactation specialist, we will discuss how moms can incorporate returning to work while breastfeeding. Partners are welcome and encouraged to attend.

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: \$43/class

Day	Time	Dates
Thursday	6-8:30 p.m.	May 4, June 1, July 6, Aug 3

Location: Conference Room A

Baby Basics

This class discusses realistic expectations for your baby's first months and provides information and hands-on practice with bathing, diapering, cord and circumcision care. This class covers:

- Baby's first days of life
- Feeding, diapering, bathing, and baby care basics
- SIDS risks, safe sleeping, and safe car seat use

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: \$43/class

Day	Time	2017 Class Dates
Thursday	6 - 8:30 p.m.	May 18, June 15, July 20, Aug 17

Location: Conference Room A

Mommy Mingle

Congratulations! You're a new mom. Now what? Join us for Mommy Mingle. It's the place to connect with other moms and newborns two to 12 weeks old. We know being a mom with a newborn can be exhilarating and scary at the same time. Mommy Mingle is a safe place to connect with moms like you and is led by lactation specialists and other medical professionals. At each Mingle, moms will learn what's normal and what's expected when it comes to healing after delivery and raising a baby.

Register by calling: (303) 498-1481 or pvmc.org/events

You can also join our private Facebook Group for weekly support.

Search: Mommy Mingle at PVMC.

Cost: FREE

Day	Time	2017 Class Dates
Saturday	1-3 p.m.	May 6 & 20, June 3 & 17, July 1 & 15, Aug 5 & 19

Location: Conference Room C

Bootcamp for New Dads

Boot Camp for New Dads is a one-session workshop led by men for men. You will be oriented to the unique aspects of new fatherhood by the experts - new fathers and their two to four month old babies. Topics include: gatekeeper phenomenon, troubleshooter's guide to crying babies, dad's toolbox, caring for new mom, birth and bonding, what to expect postpartum, working/family balance, and your role as protector. You will have the opportunity to hold and care for real babies who are two to four months old! You may take this class during pregnancy or after your baby is born. Babies may attend this class.

Register by calling: (303) 498-1481 or pvmc.org/events

Cost: \$35

Day	Time	2017 Class Dates
Saturday	9 a.m.-Noon	May 6, July 29

Platte Valley Medical Center

Pilates

Pilates is a great form of exercise to strengthen and tone your abdominals, hips, and shoulders, increase flexibility and stamina, and improve overall fitness and health.

Register by calling: (303) 498-1841 or pvmc.org/events

Day	Time	Cost
Tuesday	5:45-6:30 p.m.	\$9/class or \$80 for 10-class punch card

Location: Hospital Conference Center

Smoking Cessation Course

If you're ready to kick the habit once and for all, Platte Valley Medical Center offers a 7-week smoking cessation course. The sessions are taught by hospital respiratory therapists (RTs) and include resources to begin your smoke-free journey.

Register by calling: (303) 498-2190 or email christopher.bowlin@sclhs.net

Cost: \$40

Day	Time	Date
Thursday	4:30-6:30 p.m.	May 4-June 15

Location: Conference Room C

FREE Speaker's Series

Come learn how to live a healthy lifestyle and prevent chronic disease. Classes are taught by Arianna Bogucki, RD, our new Wellness Dietitian in our Wellness & Education Department. Her passion is nutrition, wellness and educating patients and community members. Visit pvmc.org/events to find out more about upcoming topics in her series.

Register by calling: (303) 498-1481 or pvmc.org/events

Event	Time	Date
Supermarket Smarts: Virtual Grocery Store Tour	3-4 p.m.	May 8
Healthy Eating during Pregnancy	3-4 p.m.	May 17
Preventing Diabetes Complications: 5 Steps for Keeping Your Diabetes Under Control	3-4 p.m.	June 7
Nutrition Myth or Fact	3-4 p.m.	June 19
From Garden to Table: A Live Cooking Demo*	4-5 p.m.	July 13
Healthy Eating While Dining Out	3-4 p.m.	July 26
Mindful Eating	3-4 p.m.	Aug 9
Meal Math: Carb Counting Made Easy	5-6 p.m.	Aug 21

Location: Conference Room A

*Conference Room A & B



Yoga

PVMC is pleased to offer Community Yoga Classes. Bring your own mat and get ready for a fun, energizing way to improve your health.

Register by calling: (303) 498-1841 or pvmc.org/events

Day	Time	Cost
Thursday	12:15-12:50 p.m.	\$6 drop-in fee or \$58 for 10-class punch card

Location: Hospital Conference Center

Support Groups and TJU Class

For a complete description of support groups and joint class information, please visit pvmc.org.

Cost: FREE

Group	Time	Day	Register
Cancer Support Group	11 a.m.– Noon	May 13, 27, June 10, 24, July 8, 22, Aug 12, 26	(303) 498-2200

Location: Cardiac lounge area in hospital

Stroke Recovery Support Group	1:30–3 p.m.	May 1, June 5, July 3, Aug 7	(303) 498-1841 Amanda Tarr
-------------------------------	-------------	------------------------------	-------------------------------

Location: Conference Center

Cardiac Support Group	12:30–2 p.m.	May 1, June 5, July 3, Aug 7	(303) 659-7000
-----------------------	--------------	------------------------------	----------------

Location: Conference Room C

Total Joint University	5–7 p.m.	May 9, June 13, July 11, Aug 8	(303) 498-1841 or pvmc.org/events
	9–11 a.m.	May 25, June 22, July 27, Aug 24	

Location: Conference Center

Stroke Caregivers Group*	3-4 p.m.	May 16, June 20, July 18, Aug 15	(303) 498-1873 Amanda Tarr
--------------------------	----------	----------------------------------	-------------------------------

Location: Conference Room C

Stroke Survivors Group*	3-4 p.m.	May 16, June 20, July 18, Aug 15	(303) 498-1873 Amanda Tarr
-------------------------	----------	----------------------------------	-------------------------------

Location: Conference Room B

*No RSVP needed for Stroke Caregivers & Stroke Survivors Group

Registration Form

RECREATION CENTER PROGRAM REGISTRATION FORM

**Walk-In
Residents Only**
April 13
@ 6:30 a.m.

**Walk-In
Open**
April 14
@ 6:30 a.m.

**Online
Residents Only**
April 13
@ 8:30 a.m.

**Online
Open**
April 14
@ 8:30 a.m.

**Phone-In
Registration**
April 15
@ 7 a.m.

**Mail-In/Fax
Registration**
April 15
@ 7 a.m.

Please print and fill out registration information completely. *All phone & fax registrations must be paid by credit card.

Parent's Name: _____ Date ____/____/____

Mailing Address: _____

Home Phone: ____/____/____ Work Phone: ____/____/____

Cell Phone: ____/____/____

Email address: _____

☐ I have read and understand the refund guidelines.

☐ Check or Money Order made payable to: **City of Brighton**

Drivers License Number: _____ State: _____ Expiration Date: _____

American Express/Visa/Mastercard/Discover: _____ Exp. Date: _____

Signature: _____

Participants Name	Session #	Activity Name	Age	Birth Date Mo. Day Yr.	Sex	School Grade	Fee

Total Amount Due \$ _____

RELEASE FROM PARTICIPATION IN INHERENTLY DANGEROUS ACTIVITY

I, the participant and/or parent or guardian of participant understand that the activities registered for contain an element of danger. I agree to indemnify and hold the City of Brighton and any agencies involved in the activities and any of their servants, agents or employees free and harmless from any injury, damages, liabilities, loss, claim, cost or expense including attorney's fees which may result whether by negligence or otherwise. I am solely responsible for payment of all costs resulting from the rendering of medical aid and ambulance services to the participants, and I authorize that all necessary first aid steps may be taken as prescribed by qualified personnel.

****PARENT/PARTICIPANT SIGNATURE:** _____

-----FOR OFFICE USE-----

Date: _____ Check #: _____ American Express/Visa/MasterCard/Discover _____ Clerk: _____

For Recreation Center information, please call (303) 655-2200 or visit www.brightonrecreation.com

Registration Information

Five Ways to Register

1 - In Person

Walk-In registration for Brighton residents takes place April 13, 2017 beginning at 6:30 a.m. at the Brighton Recreation Center, 555 North 11th Avenue. Please bring proof of residency within legal Brighton city limits.

Open walk-in registration begins at 6:30 a.m. on Friday, April 14, 2017.

2 - By Phone

Phone-In registration will be accepted on April 15, 2017. We accept your American Express, Visa, Master Card or Discover. Please have the following information: participant's name, birth date, sex, address and phone number.

3 - By Fax

To register via fax, please complete the registration form and include your credit card information. Fax the form to the recreation center at (303) 659-9405.

4 - By Mail

To mail your registration, complete the form and send it along with your payment in the form of a check, money order (made payable to the City of Brighton) or your credit card information to:

Brighton Recreation Center
555 North 11th Avenue
Brighton, CO 80601

- Mail in registrations received before April 15, 2017 are not guaranteed early registration and will be processed at random as time permits after 11 a.m. on April 15, 2017.
- Mail in registrations received on or after April 15, 2017 will be processed at random on a daily basis. We are not responsible for delayed mail.
- In the event that your class is filled, your check will be returned to you.
- Incomplete forms or insufficient payments will be returned.
- You are registered unless we notify you otherwise.

5 - Online

To register online, go to www.brightonrecreation.com & select "Register Online". In order to register online, we will need to have your email address already in our database. You will also need to know your "household" number, available on a receipt from the Brighton Recreation Center.

Online registration will be open to Brighton Residents starting at 8:30 a.m. April 13, 2017. Non-residents will be able to register online starting at 8:30 a.m. on April 14, 2017.

Registration online will be available for Recreation Center programming including renewal of most passes. Personal training, private & semiprivate swimming lessons, reduced rates and corporate passes are not available online.

Payment by Check

The City of Brighton will charge a \$30 service fee for all checks not honored for any reason by the bank. Checks should be made payable to: **City of Brighton**

Refund Policy for City of Brighton Recreation Center

Refunds will be made according to the following guidelines:

- No cash refunds.
- If class is canceled by Recreation Center: 100% refund
- Refund requests **must be received 5 business days prior to start of the program.**
- Refunds of \$25 or less will be issued as household credit **only**. If participant cancels: refund will be assessed a \$5 service fee per activity unless refund is issued as a household credit.
- Refund request after the program has started: **NO REFUNDS**, except due to illness.
- Credit may be given if the participant is unable to participate due to illness. A doctor's statement **must** be presented in order to receive credit due to illness.

Waiting List Procedure

Waiting lists are a source of contact and do not guarantee you will receive a call back. You will receive a call back only if a space becomes available. If you ask to add your name to a waiting list for a closed class it:

- a. Provides us with a name and phone number in the event of a cancellation.
- b. Supplies us with names and phone numbers in case a new class is added.
- c. Does not limit you from registering for any other open class.

Class Cancellation Policy

When a class is cancelled, participants are given the option of transferring to another class, receiving a household credit or a refund check or credit to a credit card. Participants will be notified at least 24 hours in advance when classes are cancelled due to insufficient registrations. Refunds will be handled in accordance with refund policy.

Notice to Participants

Participants must realize that all classes / activities of a physical nature involve some risk and by registering for a Brighton Recreation Center class/activity of this nature, there is an assumption of risk by the participant. The City of Brighton Parks and Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff. Every effort is made to ensure the safety of the participants and to provide them with first class recreational facilities, activities and parks.

In the event of a serious illness or accident it is the policy of the City of Brighton to:

- Contact 911 for emergency personnel for first aid.
- Reach the parent or guardian as soon as the situation allows.